



# sognefjord



2015/2016

[www.sognefjord.no](http://www.sognefjord.no)



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# Welcome to the Sognefjord – all year!



The Sognefjord – Fjord Norway's longest and most spectacular fjord with the Flåm railway, Jostedal glacier, Jotunheimen national park, UNESCO Urnes stave church, local food, Aurlandsdalen valley, UNESCO fjord cruise, kayaking, glacier center, RIB-tours, hiking trails and other activities and accommodations with a fjord view. Motorikpark, deer farm, bathing facilities, fjord kayaking, family glacier hiking, museums, centers, playland and much more for the kids.

The UNESCO Nærøfjord was in 2004 titled by the National Geographic as “the world's best unspoiled destination”. The Jotunheimen National park has fantastic hiking areas and Vettifossen - the most beautiful waterfall in Norway. There are marked hiking trails in Aurlandsdalen Valley and many other places around the Sognefjord. Glacier hiking at the Jostedal glacier – the largest glacier on main land Europe – is a unique experience. There is also three National tourist routes in the area – Sognefjellet, Aurlandsfjellet (“the Snowroad”) and Gaularfjellet, with attractions such as the viewpoints Stegastein and “Utsikten”.

Summertime offers classic fjord experiences. In the autumn the air is clear and the fjord is dressed in beautiful autumn colors – the best time of the year for hiking and cycling. The autumn shifts to the “Winter Fjord” with magical fjord light, alpine ski touring, snow shoe walks, ski resorts, cross country skiing, fjord kayaking, RIB-safari, fjord cruises, the Flåm railway and guided tours to the magical blue ice caves under the glacier. The spring breaks in with flowering and snow powdered mountain tops – maybe the best time of year to visit the Sognefjord.

Welcome, any time of year!

**Ståle Brandshaug**  
CEO, Visit Sognefjord AS



Molden, Luster - © Terje Rakke, Nordic Life AS, Fjord Norway

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## Contact us

**Visit Sognefjord AS**  
Fosshaugane Campus  
Trolladalen 30  
NO-6856 Sogndal  
Tel: (+47) 99 23 15 00  
info@sognefjord.no



/visitsognefjord



@visitsognefjord

## Tourist information

Common phone (+47) 99 23 15 00  
Aurland: (+47) 91 79 41 64  
Flåm: (+47) 95 43 04 14  
Lærdal: (+47) 48 27 75 26  
Årdal: (+47) 94 15 96 99  
Sogndal: (+47) 91 13 64 03  
Fjærland: (+47) 94 79 80 36  
Gaupne/Luster: (+47) 94 15 74 88  
Skjolden: (+47) 94 15 19 90  
Jostedal: (+47) 57 68 32 50  
Balestrand: (+47) 94 87 75 01  
Vik: (+47) 91 51 72 86  
Høyanger: (+47) 57 71 15 90

App: visitnorway

**sognefjord.no**



sognefjord



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Balestrand ©Jørgen Hundseth

Nærøfjord ©Eric Bosgiraud

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# Sognefjord

## - major national attractions

The longest fjord, the Sognefjord, lies in the heart of Fjord Norway and extends to the foot of the Jotunheimen and Jostedalbreen National Parks. The area is both dramatic and hospitable, with exciting and invigorating activities for the whole family.



The Flåm Railway ©Visit Flåm, Morten Rakke



Urnes Stave Church- UNESCO World Heritage Site



Three National Parks: Jotunheimen, Jostedalbreen og Breheimen - ©Terje Rakke



Nigardsbreen Glacier -©Jostedal SigNatur



View over Balestrand ©Einar Løken



Stegastein Viewpoint, Aurland - ©Sverre Hjørnevik, Fjord Norway



Løytnantsbryggja, Lærdal ©Magnhild Aspevik

Longest | Biggest | Highest | Oldest



# Sognefjord - Autumn and Winter

Sognefjorden has the best off-piste areas, good ski lifts and unique Fjord experience all year. The road to Jostedal and Jotunheimen is short, where you find tours and guides that are highly valued.



©Ice trail



©Sverre Hjornevik



©Jason Beatty



©Cecilie M. Grendahl

## Guided tours and courses

The Sognefjord invites you to amazing free skiing nature, as from the mountain top to the fjord. You will find experienced guides that take you to the best snow, and offer guiding and courses for all levels. Snowshoe-tours, iceclimbing courses, avalanche courses and tours to the magical caves under the Nigardsglacier are some of the things you can do! The Fjellsportfestival which translates to Mountainsportfestival, is located in Sogndal and has become the winter highlight during winter for locals and guests of the fjord.

## The Winterfjord

Cruises in the UNESCO world heritage Nærøfjord during the Autumn and Winter, gives experiences with fjordlight and the brilliant area with steep mountains, wild waterfalls and the vivid cultural landscape. Flåmsrailway is crowned as one of the worlds most beautiful railwaydistances and is open all year round. In addition there are many other activities that are open all year, per example the viewpoint of Stegastein.

## Activities

The Sognefjord is the center for adventurous experiences where you are close to nature, in a cayak or a RIB-tour during Autumn, and in winter with the snow covered mountains. Explore the fjord with a bike during Autumn, or try the biketrails close to the fjord. Percieve the colours of the Autumn in the fantastic tour areas in Jotunheimen Nationalpark with the Hurrungane and Utladalen in Årdal, Stølsheimen, Aurlandsvalley, Rallarway, Molden and many more...

## Ski resorts

There are several resorts in the Sognefjord, but mainly Sogndal skicenter and Sogn Skicenter which lies only 25 minutes from each other, with one joint pass. The centers have different skilevels and fulfill each other perfectly. You will find childrenparks, cross-country and lighted trails, large off-piste areas and groomed skiing for learners and experienced skiers. Skitours into the UNESCO world heritage, Off-piste with a fjord view and Vetti area with the glaciers kingdom in Årdal.

For accommodation, transportation and activities check: [www.sognefjord.no](http://www.sognefjord.no) and [www.sognefjord.no/vinter](http://www.sognefjord.no/vinter)

# The Sognefjord is beautiful - all four seasons



©Finn Loftesnes

Summertime in the fjord brings a variation of experiences, as the cruise in UNESCO World Heritage Nærøfjord, visit the stave churches and let the guides give a hike on the Jostedalsglacier.



©Morten Røkke

The Winterfjord gives you fjordexperiences, the magical blueicecaves under the glacier, off-piste skiing, fjordlight, snowshoe tours, alpineresorts and guided tours to the steep mountains.

During Spring the waterfalls are large, fruit trees in blossom, mountaintops still white with frost and the air is crispy clear.



©Pål Bugge, Visitnorway.com

In Autumn the Sognefjord is covered with all the strong colours, red and yellow in the mountainarea, and later by the fjords. This is the best time for hiking the mountains, and go berry picking.



©Halvor Dannevig





Molden, Luster ©Terje Rakke, Nordic Life AS, Fjord Norway

# The Sognefjord

## - and the beautiful fjord arms

The more than 204 km long Sognefjord lies in the heart of Fjord Norway, and is the longest and deepest fjord in Norway. At its deepest, the fjord plunges to more than 1,300 m and the mountains along the fjord rise to more than 1,700 m.

The Sognefjord has several distinctive fjord arms winding their way between steep mountains to end in small, picturesque villages. One of the most well known branches of the Sognefjord is the narrow Nærøfjord, which is included on UNESCO's World Heritage List. You can choose between different **boat trips** to experience the beauty of the fjords all year round. Other tempting fjord activities are **kayaking, fjord rafting, angling, rowing, swimming** and much more.

**The Sogn Fjord Museum** at Kaupanger tells the story of life beside the fjord, and the **Sognefjord Aquarium** gives you a picture of life in the fjord itself.

## Highlights



### The Vest Norwegian Fjords

Since 2005, the area defined as the West Norwegian Fjords, comprising the Geirangerfjord and Nærøfjord, has been included on UNESCO's World Heritage List of the world's cultural and natural heritage of outstanding universal value. The world

heritage value of the Nærøfjord area can be summed up as follows: a fjord landscape with active geological processes, a rich flora and fauna, and a beautiful natural landscape from fjord to mountains, with glaciers, forests, waterfalls and free-flowing rivers, and a cultural landscape that adds perspective to the natural landscape.

### Nærøfjord - narrow and dramatic

The Nærøfjord is the narrowest, wildest and most famous of the fjord arms, and is a UNESCO World Heritage Site. The surrounding mountains rise steeply to reach towering heights and create a unique magical atmosphere. A ferry trip on the Nærøfjord, from Kaupanger to Gudvangen, and a passengerboat from Flåm/Aurland, will take you through some of the most spectacular scenery in Norway.

### Lusterfjord - inland towards the Jotunheimen, Breheimen and Jostedalbreen

The landscape around the Lusterfjord is very picturesque, and many great artists have been inspired by the unique beauty of its scenery. The Lusterfjord extends all the way to the foot of the Jotunheimen and Breheimen mountains and the Jostedalbreen glacier, and from Skjolden in the East to Solund in the West the Sognefjord measures an impressive 204 kilometres.

### Fjærlandsfjord - inland towards the Jostedalbreen Glacier

This beautiful fjord arm extends almost all the way up to the glacier tongues that reach down to the village of Fjærland, and most of the year the fjord has a beautiful bright green colour because of the meltwater from the glaciers that flows into the fjord.

### Finnafjord - roadless and exotic

At the head of the distinctive Finnafjord, the mountains are steep and the scenery is spectacular. The famous cheese-maker Synnøve Finden was born and brought up beside this lovely fjord.



Nærøfjord - ©Oyvind Heen - Visitnorway.com



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# Purchase **day excursions tickets** from the tourist information offices!

## Experience:

- The Nærøyfjord (Kaupanger - Gudvangen) and the Flåm Railway
- The Fjærlandsfjord, Norwegian Glacier Museum and Bøyabreen
- Jostedalbreen: Breheimsenteret, Nigardsbreen
- Express boat Flåm - Bergen - Discover Bergen on a day trip
- Urnes Stave Church
- Balestrand/Leikanger - Flåm
- Norway in a nutshell© and Sognefjord in a nutshell
- Bus Aurlandsfjellet - "The Snow Road", Bjørnehiet, Stegastein
- Cruise on the Lustrafjord
- Sogndal - Bergen city
- Island hopping in outer Sogn
- Flåm - Gudvangen
- RIB-boat trip to Finnafjord
- Roadless Farms (Vik - Ortnevik)

We also sell tickets for other ferries, boats and activities in the area.

For online booking and timetables etc.: [www.ruteinfo.net](http://www.ruteinfo.net), [www.fjord1.no](http://www.fjord1.no), [www.norled.no](http://www.norled.no),  
[www.nor-way.no](http://www.nor-way.no) and [www.nettbuss.no](http://www.nettbuss.no)

For charter boat trips and other boat trips: [www.sognefjord.no](http://www.sognefjord.no)



## FREQUENT FLIGHTS TO SOGNDAL

We can offer frequent flights directly from Bergen and Oslo to Sogndal.

Book at [wideroe.no](http://wideroe.no)







National Tourist Route Sognefjellet - ©Jarle Wæhler / Statens Vegvesen



Tindevegen ©Kjelde as

## National Tourist Routes in Sognefjord

### National Tourist Route Aurlandsfjellet

You will see snow lying beside the road during most of the summer, which is why the road is often called the 'Snow Road'. The route has attractions such as the artwork 'Den' (Bjørnehiet) and the spectacular Stegastein viewing platform, and it is famous for its breathtaking views. The road from Aurland to the Stegastein viewpoint is open all year.



Stegastein, National Tourist Route Aurlandsfjellet  
Photo: Jiri Havran/Statens vegvesen

### National Tourist Route Gaularfjellet

The Gaularfjellet mountains lie to the north of Balestrand, and the road from Balestrand to Moskog (near Førde) and Eldalosen - Sande passes through them. On the Balestrand side, the road twists and turns through nine hairpin bends. There are many beautiful rivers and waterfalls along the route. At the top there is a magnificent view.



Likholefossen, National Tourist Route Gaularfjellet  
©Bjorn Andresen/Statens vegvesen

### National Tourist Route Sognefjellet

Route 55 across the Sognefjell mountain area between Luster and Lom is the highest and most impressive mountain pass in Northern Europe (highest point 1430 meters), and it has been awarded the status of National Tourist Route because of the spectacular and wild mountain scenery it passes through in the Jotunheimen National Park.

[www.nasjonaleturistveger.no](http://www.nasjonaleturistveger.no)

## Other nice mountain passes

### Tindevegen

A beautiful mountain road between Øvre Årdal and Turtagrø, with great views of magnificent scenery and the impressive peaks of the Jotunheimen mountains. Just a short walk from the road, you can enjoy fantastic panoramic views of the Hurrungane peaks and Store Skagastølstind mountain in the east, and of the inner reaches of the Sognefjord and Skjolden in the west. Tindevegen is a toll road for motorbikes, private cars, camper vans and caravans.

### Vikafjellsvegen (Stølsheimen)

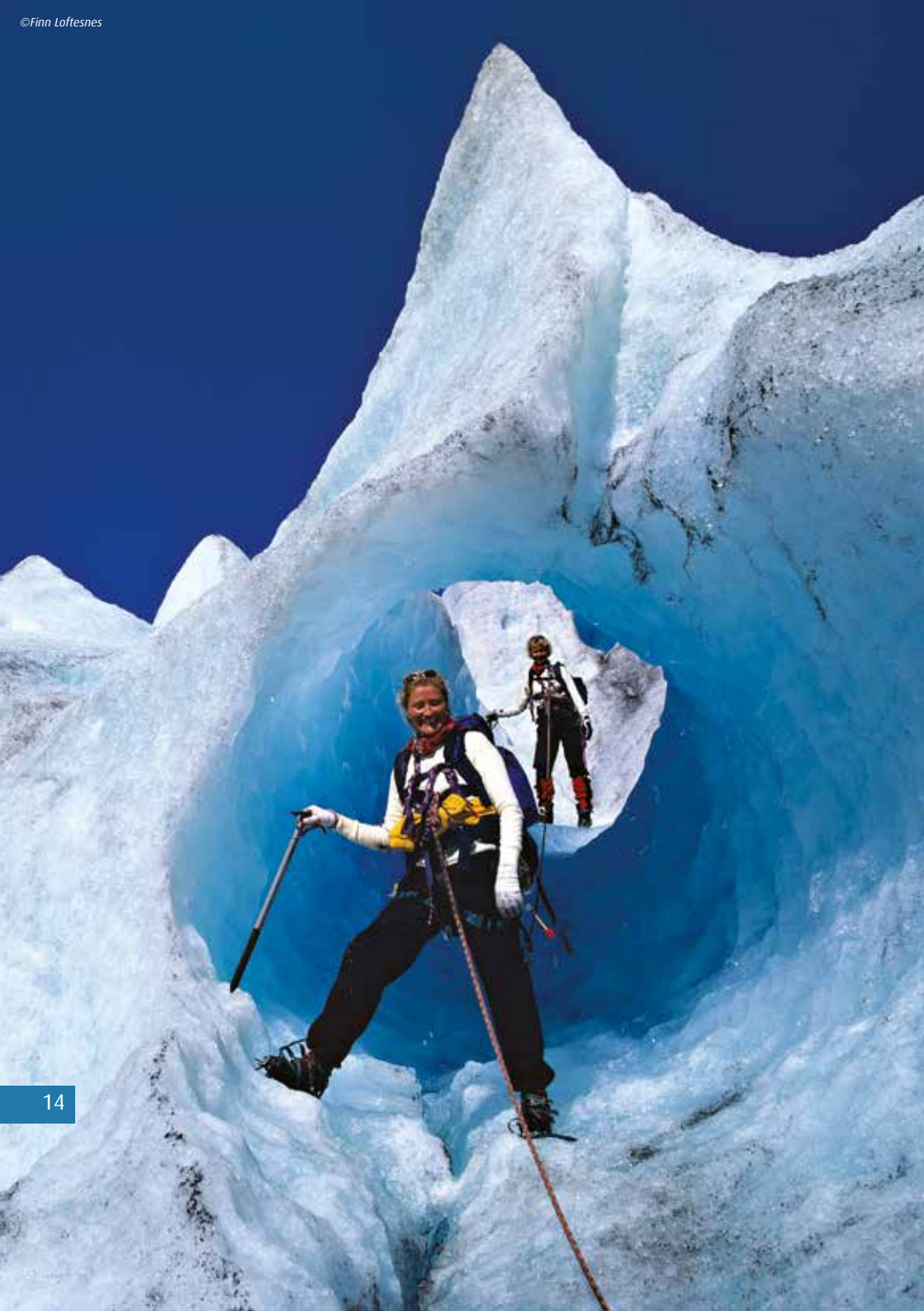
The road through the mountain area between Vik and Vinje/Voss (route 13) provides an ideal base for hikes in both the Vikafjellet and the Stølsheimen mountains, where there are many old summer pasture farms set in hilly terrain. All of the old mountain pasture

*Most roads are open all year, but some are closed during the winter months. For information about current road conditions, please call (+47) 815 48 991 (hold for information in English). For information on bus services across the mountains, please call (+47) 57 65 95 12 or visit [www.ruteinfo.net](http://www.ruteinfo.net) and [www.nettbuss.no](http://www.nettbuss.no)*



Vik, Sognefjorden - Foto Sverre Hjørnevik, Fjord Norway





# The Jostedalsbreen National Park - and the beautiful glacier arms

At 500 square kilometres, Jostedalsbreen is the largest glacier in mainland Europe. This gigantic mass of ice covers mountain peaks and deep valleys in the National Park and its spectacular arms of blue ice extend down to the lush valleys near our fjords. Many people are amazed when they realize how accessible these glacier arms are, and discover that it can be almost as warm by the ice as it is down by the fjord.

In Jostedalen, Fjærland and several other places, you can enjoy glacier walks, led by experienced guides who know the area like the palm of their hands. On the Nigardsbreen glacier in Jostedalen, daily family walks are among activities organised throughout the summer. Visit the national park centers Norwegian Glacier Museum and the Breheimsenteret (Jostedal Glacier Visitors Centre) to learn more about the Jostedalsbreen National Park.



Norwegian Glacier Museum, Fjærland



Breheimssenteret, Jostedal - ©Terje Rakke Nordic Life AS Fjord Norway

In 2008, Luster municipality with its tree national parks (Jotunheimen, Jostedalsbreen and Breheimen) was designated a national park municipality. This is a hallmark of significance and administrative areas granted this status encompass large and invaluable wilderness areas.







## Highlights

### Nigardsbreen Glacier, Jostedal

This is one of the most accessible glaciers, where you can peer into the blue ice at very close range, and everyone above the age of six can join guides on glacier walks. You can also walk alongside the lake. Children above 6 years old can participate.

### Flatbreen / Supphellebreen Glacier, Fjærland

The Flatbreen glacier can be seen from the fjord, and can be reached on foot. The beautiful walk up to the glacier and the Flatbrehytta cabin takes about 3 hours. Guided glacier walks on Flatbreen can be ordered. You can drive by car to Supphellebreen.

### Bergsetbreen Glacier, Jostedal

The spectacular Bergset glacier, only an hour's easy walk from the road, is one of the most beautiful and impressive glacier arms.

### Austerdalsbreen Glacier, Veitastromd

"The finest ice scenery in Europe", said the English mountaineer W.C. Slingsby about Austerdalsbreen and the three ice falls called Loke, Odin and Tor.

### Bøyabreen Glacier, Fjærland

You can see the Bøyabreen at quite close range from the main road in Fjærland, or admire it from the Brævasshytta restaurant, even closer to the ice.

### Guided glacier walks

If you join a guided glacier walk you can visit several other beautiful glacier arms, both in Jotunheimen and in Jostedal (for instance the Austdalsbreen and the Tunsbergsdalsbreen).

*Be aware that the glacial ice is always in motion and blocks of ice can break off from the glacier front. Never hike on the glacier without a local guide or venture past the barriers that have been erected.*



Nigardsbreen, Jostedal - ©Icetroll

## Transport to the Glacier

### JostedalsBrebussen – the Jostedalsbreen glacier bus

- Daily departures Sogndal - Nigardsbreen (Jostedal).
- Connections from Balestrand, Leikanger, Vik, Flåm, Lærdal, Årdal and other places.
- A great opportunity for glacier walking, kayaking, canyoning, rafting or just admire the glacier and visit the Breheimsenteret.

### Brebåten - the glacier boat, Jostedal

- Season: Daily from approx 10 June – 1 Sept (usually 10 – 18)
- Provides a daytime shuttle service in the summer season between the car park at Nigardsbrevatnet lake and the Nigardsbreen glacier.

### Brebussen – the glacier bus, Fjærland

- Daily service starting from the ferry landing in Mundal and going via the Norwegian Glacier Museum to the Bøyabreen and Supphellebreen glaciers, with connections from Sogndal, Flåm, Balestrand and other places in the summer season.
- A great opportunity to see the glacier and visit the Norwegian Glacier Museum etc.
- Return tickets (including the boat trip, bus and glacier museum) are on sale at the tourist information offices.
- Season: June, July, August.

## DAILY departures from:

- Oslo
- Bergen
- Lillehammer
- Ålesund



Photo: Pål Bugge / Innovation Norway

[nor-way.no](http://nor-way.no)

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Jotunheimen Nasjonalpark - ©Sverre Hjørnevik Fjord Norge AS Fjord Norway

## The Jotunheimen National Park - and other beautiful mountain areas

You can ramble beside the fjord, follow culture trails and historical roads or head for the mountains and enjoy unique views of the fjord, mountains and glaciers. Many places also offer guided treks, walks, glacier walking and climbing

### Large network of paths and mountain cabins

The Norwegian Trekking Association (DNT) has many waymarked trails and welcoming staffed lodges and cabins in the mountains around the fjord, and Luster is the municipality in Norway with most DNT cabins. The standard ranges from rather luxurious staffed lodges that serve meals to simple selfservice cabins. You can walk from cabin to cabin or use the cabins as a base for day hikes in the mountains.

### Seasons and weather

The Sognefjord is a great area for outdoor pursuits all year round, but July, August and September are the very best months for walking in the mountains. Remember that the weather changes faster in the mountains than in the lowlands and that you may be surprised by sudden storms and mist.

### Aurlandsdalen

The track through the legendary Aurlandsdalen valley is one of the ancient routes between Eastern and Western Norway. Beautiful and wild, rich in flora and fauna, cultural heritage, history, varied geology and good trout fishing. You can go walking for several days and stay overnight in trekking association cabins in the valley, or go on shorter walks based on travelling by bus or using your own car.

### Breheimen National Park

Breheimen is the mountain area between the two national parks of Jotunheimen and Jostedalbreen. The walk through the Mørkridsdalen valley is regarded as one of the most beautiful in Norway, and the Norwegian Trekking Association has voted it the walk with the richest flora. There are many summer pasture farms and large fishing lakes in the area, which are used extensively by both the locals and visitors.

### Jostedalbreen National Park - the largest glacier

Almost half of the Jostedalbreen National Park is covered by the Jostedalbreen glacier, which is the largest glacier in mainland Europe.

### Jotunheimen National Park - the highest mountains in Norway

The whole of the Jotunheimen National Park consists of high mountains and glaciers, and it is here that you find Norway's highest mountains. The three highest peaks are Galdhøpiggen (2,469 m), Glittertind (2,465 m) and Store Skagastølstind (2,405 m). A drive along the national tourist road over the Sognefjell mountain between Lom in the East and Luster in the West gives you a close up view of Store Skagastølstind (Storen) and many other impressive peaks. In the summer season there is a bus service twice a day across the Sognefjell Road from Otta to Sogndal with correspondence from Oslo and Trondheim.



Aurlandsdalen - ©Sverre Hjørnevik Fjord Norge AS Fjord Norway



Winter in Turtagro / Jotunheimen



## Kongevegen

Kongevegen, the old King's Road over the Filefjell mountain pass was completed in 1793. It was the first road between Eastern and Western Norway. The road, which is a valuable part of Norway's cultural heritage, runs east from Lærdalsøyri to the village of Vang in the Valdres area and is approximately 80 km long. Here, you can go on short or long walks, and it will be possible to cycle some sections of the road. Along the whole valley from Filefjell down to Lærdal, there are waymarked historical sections of the road that make ideal walks. The best known section is Vindhellevegen, which starts near Borgund Stave Church.



Vindhelleveg - Kongevegen - ©Magnhild Aspevik

## Stølsheimen

The Stølsheimen landscape preservation area is a mountain area with many summer pasture farms in hilly terrain bordering on a spectacular fjord landscape. Within the protected area you will also find the roadless and exotic Finnafjord in the municipality of Vik.



Utladalen - ©Dick Brunsvold

## The Utladalen valley

The Utladalen valley is wild and dramatic. It is surrounded by the highest mountain area in Norway, with many summits of more than 2,000 metres. Here, you will find Vettisfossen, which, with a free fall of 275 metres, is the highest waterfall in Northern Europe. Utladalen is one of the deepest valleys in Europe, and visitors find its wild and fertile scenery spellbinding.

*There are plenty of other attractive mountain areas around the fjord. Contact the tourist information offices for more information.*



Aurlandsfjorden - ©Kyrre Wangen

# Waterfalls

There are several places in the Sognefjord region where you can see majestic waterfalls cascading down steep mountainsides, and some of **these waterfalls are among Norway's highest.**

## Vettisfossen - "the most beautiful waterfall in Norway" (db.no)

With a free fall of 275 metres Vettisfossen is the highest protected waterfall in Norway. You can get there on foot by walking up the beautiful Utladalen in Øvre Årdal.



Vettisfossen - Utladalen - ©Kjelde AS

## Feigumfossen, Kroken / Luster

The 218 metre high Feigumfossen waterfall is in an idyllic setting on the southern side of the Lusterfjord. You can take the short walk in to the falls or admire the view of it from the National Tourist Route on the northern side of the fjord.

## Kvinnafossen, Hella / Leikanger

Kvinnafossen falls 120 metres and is situated right beside the main road between Leikanger and Hella. During the spring thaw, the spray from the waterfall reaches across the road.

## Drivandefossen, Mørkridsdalen / Luster

Drivandefossen waterfall is found in beautiful and lush Mørkridsdalen in Skjolden, only a 15-20 minutes walk from the road. This is also the route to Åsetevatnet and the DNT-cabin at Fast.

## Kjosfossen

The mighty Kjosfossen is one of many highlights on the Flåm Railway. It is possible to experience Kjosfossen all year, which gives the traveler the opportunity to visit a roaring waterfall during summer and pass by a snow and ice-covered waterfall during winter.



Feigumfossen - ©Terje Rakke, Nordic Life AS, Fjord Norway

## Kjelfossen, Gudvangen

Kjelfoss Waterfall is located in Gudvangen (municipality Aurland). Total height is 705 metre and the tallest single drop is 149 metre. You can see the waterfall from the quay in Gudvangen centre and from the E16.





Aurland - ©Morten Rakke



©Fjord Safari



DNT Fanaråken - ©Anne R. Farnes



Aurlandsdalen - ©Sverre Hjørnevik, Fjord Norway



Tjuatoten, Balestrand - ©Anne R. Farnes

## Mountain walk suggestions

Mountain walk	Place	Total walking time	Level of difficulty	Highlights
• Bergsetbreen	Krundalen/Jostedal	2-3 h		Glacier view, one of Norway's loveliest walks for families
• Vettisfossen	Utladalen/Årdal	1 h		Norway's highest free-flowing waterfall
• Bjørgahaug	Grauthaug/Leikanger	1 h		Breathtaking fjord views.
• Fuglesteg	Fortun/Luster	3 h		Lovely stone building and view of Skjolden and the fjord
• Molden	Mollandsmarki/Hafslo	3 h		Lovely fjord view
• Prest	Bjørgo/Aurland	3 t		Panoramic views of the Aurland fjord
• Saurdal valley	Saurdalen/Balestrand	3-4 h		Easy and accessible area with many alternatively routes
• Storehaugen	Haukåsen/Sogndal	3-4 h		Great view to Sogndal and the fjord
• Vindhellavegen	Borgund Stave Church / Lærdal	3-4 h		Old bridle path and royal road
• The Waterfall Path	Gaular Mountain/Balestrand	3-4 h		Along the way you will see 14 waterfalls and seven lakes

Mountain walk	Place	Total walking time	Level of difficulty	Highlights
• Kongevegstrekning	Filefjell / Maristova	3-4 h		Is suitable for children and young people. Mountain terrain.
• Austerdalsbreen	Tungstølen/Veitastrand	4-5 h		"The finest ice scenery in Europe", (W.C. Slingsby)
• Viasethovden	Garden Lunde/Feios i Vik kommune	4-6 h		High above the Sognefjord
• Nuken	Sogndal centre	5-6 h		Popular walk. Views of summer pasture farms and villages
• Storehaugen	Svigum/Lærdal	4-5 h		Lovely fjord view
• Aurlandsdalen	Østerbø/Aurland	6 h		A very popular walk through what is often called Norway's Grand Canyon
• Flatbreen	Supphelledalen/Fjærland	5 h		Great view of glacier and fjord
• Raudmelen	Balestrand - Centre	6 h		Panorama view over the Sognefjord (0-978 m.a.s.l.)
• Fannaråken	Turtagro / Jotunheimen	6 h		Peak in Jotunheimen, Alpine landscape, wonderful view
• Tjuatoten	Dragsvik/Balestrand	6-7 h		Views of 'seven kingdoms', old stone cross on the summit plateau



# Events 2015

Here is a list of events registered at the time of going to print. A complete list of events is available on our web site [www.sognefjord.no](http://www.sognefjord.no) or you can contact one of our tourist information offices for further information.

## February

19.-22. Sogndal Mountain Sport Festival [www.fjellsportfestivalen.no](http://www.fjellsportfestivalen.no)

## March

7. Balestrand Balestrand Open 2015, Freestyle [www.balestrand-il.no](http://www.balestrand-il.no)

## April

18. Leikanger Kjeringi Open [www.kjeringi-open.no](http://www.kjeringi-open.no)

## May

1. Balestrand Esefjorden Rundt – road run [www.esefjorden-rundt.net](http://www.esefjorden-rundt.net)  
 7.-10. Turtagrø High Camp. Summit trips camp [www.friflyt.no](http://www.friflyt.no)  
 8.-10. Balestrand Balejazz – jazz festival [www.balejazz.no](http://www.balejazz.no)  
 9.-10. Fjærland Opening weekend, the Norwegian Book Town [www.bokbyen.no](http://www.bokbyen.no)  
 14. Lærdal Storehaugen opp. Uphill race [storehaugenopp.com](http://storehaugenopp.com)  
**Medio** Jostedal/Luster Norwegian Glacier Festival [www.brefestivalen.no](http://www.brefestivalen.no)  
 21.-24. Årdal National park festival Under Storen [www.avdalen.no](http://www.avdalen.no)  
 28.-31. Vik 'Gamalost' cheese festival [www.gamalostfestivalen.no](http://www.gamalostfestivalen.no)  
 29.-31. Skjolden Kulturdagane (cultural days) in Skjolden.  
 31. Gudvangen The Kongevegsmarsjen walk [www.aurland.kommune.no](http://www.aurland.kommune.no)

## June

8.-14. Gaupne Lustramarknaden fair  
 11.-14. Årdal Fjord til Fjell' summer market [www.greataardal.no](http://www.greataardal.no)  
 13. Fresvik, Vik i Sogn The Mensen Ernst memorial run [www.home.no/mensen.ernst](http://www.home.no/mensen.ernst)  
 19.-21. Lærdal Lærdal market [laerdalsmarknaden.no](http://laerdalsmarknaden.no)  
 20. Fjærland Solstice bookfair [www.bokbyen.no](http://www.bokbyen.no)  
 20. Marifjøra/Luster Molden Opp – uphill race [www.moldenopp.no](http://www.moldenopp.no)  
 26.-28. Sogndal Lerum Cup – football tournament [www.sognefjordcup.no](http://www.sognefjordcup.no)  
 26.-28. Lærdal Jordeplerock - music festival [www.jordeplerock.no](http://www.jordeplerock.no)  
 27. Årdal Fjøsblues' blues concerts at Avdal Gard [www.utladalen.no](http://www.utladalen.no)

Football matches in Sogndal, Fosshaugane Campus [www.sogndalfotball.no](http://www.sogndalfotball.no)



Balejazz, Balestrand



Maristovedilten - Foto: Helene Maristuen



Gamalostfestivalen

## Events 2015: see [www.sognefjord.no](http://www.sognefjord.no)

### July

3. Luster/Sogndal Sognefjordrittet cycling race [www.jotunheimenrundt.com](http://www.jotunheimenrundt.com)  
 3. Jotunheimen Jotunheimen Rundt cycling race [www.jotunheimenrundt.com](http://www.jotunheimenrundt.com)  
 3.-5. Aurland Aurland market [www.aurlandsmarknaden.no](http://www.aurlandsmarknaden.no)  
 4. Jotunheimen Sognefjellrittet cycling race [www.jotunheimenrundt.com](http://www.jotunheimenrundt.com)  
 5. Feios, Vik i Sogn Vidasete Opp – uphill race [www.feios.no](http://www.feios.no)  
 14.-19. Gudvangen Viking market [www.vikingvalley.no](http://www.vikingvalley.no)  
 16. Otternes Concert - Eivor Pålssdottir m band & Valkyrien All Stars [www.vikingvalley.no](http://www.vikingvalley.no)  
 23.-26. Undredal Geitostfestivalen – 'goat's cheese' festival [www.visitundredal.no](http://www.visitundredal.no)  
 25. Gudvangen Rimstigen Opp – uphill race [www.aurland-il.no](http://www.aurland-il.no)  
 26. Aurland The Aurlandsmarsjen walk in the Aurlandsdal valley [www.aurland.kommune.no](http://www.aurland.kommune.no)

### August

1. Aurland Verdsarvturen. World Heritage walk [www.verdsarvturen.no](http://www.verdsarvturen.no)  
 7.-8. Årdal MålRock Festival [www.malrock.no](http://www.malrock.no)  
 8. Turtagrø Buff Fanaråken Opp – uphill race [www.fanaraaken.com](http://www.fanaraaken.com)  
 15. Aurland Aurlandsfjellet Xtreme Triathlon [www.aurland.kommune.no](http://www.aurland.kommune.no)  
 16. Sognefjellet/Luster Sognefjellmarsjen – mountain walk [www.fanaraaken.com/sognefjell.html](http://www.fanaraaken.com/sognefjell.html)  
 21.-23. Sogndal Fjell og Fjordmoro [www.fjellogfjordmoro.no](http://www.fjellogfjordmoro.no)  
 29. Balestrand Holmadagen Day

### September

5. Lærdal Maristovedilten - mountain walk [laerdal.kommune.no](http://laerdal.kommune.no)  
 5. Årdal Tur til Tusen - Heirsnosi - uphill race [www.turtil1000.no](http://www.turtil1000.no)  
 18.-19. Jostedal Blue tones below the glacier [www.blaatonar.no](http://www.blaatonar.no)  
 19.-20. Fjærland The Norwegian book town closes for season [www.bokbyen.no](http://www.bokbyen.no)  
 19. Balestrand Balestrand Opp – Uphill race [www.balestrand-il.no](http://www.balestrand-il.no)  
 26.-27. Lærdal Lærdal market [laerdalsmarknaden.no](http://laerdalsmarknaden.no)  
**Primo** Kaupanger Låvedans – barn dance [www.knaken.no](http://www.knaken.no)

### October

30. – 1.11 Aurland Nynorske Litteraturdagar – literature festival [www.nynorskelitteraturdagar.no](http://www.nynorskelitteraturdagar.no)

### November

21.-22. Lærdal Christmas market [laerdalsmarknaden.no](http://laerdalsmarknaden.no)

# Attractions

The wonderful Sognefjord landscape, with its cascading waterfalls, blue glaciers, fertile valleys, narrow fjord arms, massive mountain ranges and idyllic villages has been a magnet for explorers, mountaineers and artists for more than 150 years. It has an abundance of interesting culture and is home to many national cultural treasures. Vibrant communities offer genuine cultural experiences, unique visitor centres, museums, art galleries, stave churches and historical sites.

Images: stavkyrkje - ©FAF, Simon Breth



**Akvarium**  
**Sognefjord Aqvarium**  
 Place: Balestrand  
 Tel: (+47) 57 69 13 03  
[www.kringsja.no/akvarium.html](http://www.kringsja.no/akvarium.html)  
 Season: May - Sept

A fjord centre situated in the centre of Balestrand and devoted to information about the Sognefjord. Here, you can study more than 100 different species from the fjord and study models and exhibitions. Film to the accompaniment of local folk music. Fishing activities, rowing boats and canoes. Gallery. Quayside restaurant.



**The Aurland shoe**  
**Visit to Aurland Shoe factory**  
 Place: Aurland  
 Tel: (+47) 57 63 32 12  
[www.visitflam.com](http://www.visitflam.com)  
 Season: Open all year

Meet the artisans of shoe making, follow the steps of the production process and discover interesting elements of the historic craft. Make sure to take home with you a pair of proper shoes as a souvenir. Guided tours available for groups (min. 12 pax)



**Secondhand books**  
**The Norwegian Book town**  
 Place: Fjærland  
 Tel: (+47) 57 69 22 10  
[www.bokbyen.no](http://www.bokbyen.no)  
 Season: May - Sept

The Norwegian Book Town in Fjærland has more than 250,000 second-hand books in several different languages. Old byres and boathouses have been converted into bookshops. Some of the bookshops also double as small cafés and art galleries, or handcraft outlets.



**Visitor Center**  
**Norwegian wild salmon centre**  
 Place: Lærdal  
 Tel: (47) 57 66 67 71  
[www.norsk-villaksenter.no](http://www.norsk-villaksenter.no)  
 Season: Mid May to Mid september

Exhibition and fish observatory, aquarium with living wild salmon. Watch historic film material and the award-winning film about the life of the Atlantic Salmon and learn about the history of salmon sportfishing in the Lærdal river, one of Norway's best known salmon rivers. Visitor centre with café and shop.



**Glacier museum**  
**Breheimsenteret**  
 Place: Jostedal  
 Tel: (+47) 57 68 32 50  
[www.jostedal.com](http://www.jostedal.com)  
 Season: 1. may - 30. sept

Breheimsenteret is a National Park Visitor's centre for the Jostedalsbreen National Park. You will find exhibitions, souvenirs and a cafeteria at the Breheimsenter, and it is also starting/meeting point for activities in Jostedalen such as glacier walks, rafting, guided hikes, kayaking on glacier lakes and more.



**Brewerypub**  
**Ægir Brewery & Pub**  
 Place: Flåm  
 Tel: (+47) 57 63 20 50  
[www.flamsbrygga.no](http://www.flamsbrygga.no)  
 Season: Feb - Des

We invite you to our Viking style brewery and pub with slate floor, driftwood walls, dragon heads and a 9 metre high fireplace. Production of handcrafted beers. Viking-inspired menu served based on our culinary philosophy: Ægir beer in and to food! We offer beer and aquavit tasting for groups.



**Flåmsbana**  
**Flåmsbana - The Flåm Railway**  
 Place: Flåm  
 Tel: (+47) 57 63 21 00  
[www.visitflam.com](http://www.visitflam.com)  
 Season: Open all year

The Flåm Railway invites you on a spectacular train journey with a panoramic view of some of the wildest and most striking examples of Norwegian fjord and mountain landscape. In less than an hour the train ascends 865 meters from Flåm to Myrdal going through 20 tunnels. The Flåm Railway is one of steepest railway lines in the world on normal tracks.



**Stave Church & Village walk**  
**Life in a small fjordvillage with its small church**  
 Place: Undredal, location at the visitor center.  
[www.undredal-stavkyrkje.com](http://www.undredal-stavkyrkje.com)  
 Season: June - August

Join a guided walk and learn about life in a fjord village. The walk ends up with a guided experience in Undredal Stave Church, where the guide will take you on a journey of the religious and social history of the church and the village, putting the architectonical changes into historical context over the last 850 years. Undredal Stave Church was built in the middle of the 12th century and is still in regular use.



**Cider Cellar**  
**Ciderhuset**  
 Place: Balestrand  
 Tel: (+47) 90 83 56 73  
[www.ciderhuset.no](http://www.ciderhuset.no)  
 Season: June 21 - August 20. Sunday - Thursday 16.00 - 21.30.

Organic orchard with more than 100 fruit varieties. Cider cellar with "champagne style" and still apple ciders, dessert wines and brandies. Restaurant in the green house with à la carte menu from our fusion kitchen. For purchase: Handcrafted cider, local jam, jelly and Balholm juice. For groups min 20 pax: Guided walk from the village centre, focusing the Viking Fridtjov Saga and the Artist village of Balestrand. Cider program, tasting and a surprise in the barrel crypt.



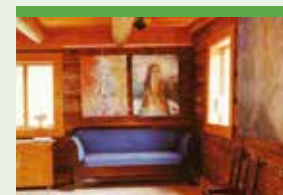
**Gamle Lærdalsøyri**  
**(Old village centre)**  
 Place: Lærdal  
 Tel: (+47) 99 23 15 00  
 (+47) 57 66 67 71  
[www.sognefjord.no](http://www.sognefjord.no)

The beautiful old village centre in Lærdal, with 170 listed wooden houses from the 18th and 19th centuries. A unique and authentic Western Norwegian built environment with shops selling antiques, books and souvenirs. Gallery. The Lærdal Market. The Postal Museum and Telecom Museum. Guiding is available from medio June until medio August.



**Powerstation**  
**Jostedal Kraftverk**  
 Place: Jostedal  
 Tel: (+47) 57 68 92 00  
[www.statkraft.com](http://www.statkraft.com)  
 Season: approx 20 June - 20 Aug

The power station in Jostedal will be open for tourists from the 20th of June to the 20th of August. We offer guided tours Monday to Friday at 10.00, 12.00 and 14.00. You have to meet at the guide's office outside the entrance for further information.



**Gallery**  
**Gallery Walaker 300 Walaker Hotel**  
 Place: Solvorn  
 Tel: (+47) 57 68 20 80  
[www.walaker.com](http://www.walaker.com)  
 Season: April - Sept

The building as is stands today was built in 1883 using materials from the old timber-built church in Solvorn, which was constructed in approximately 1600. The old building, well worthy of preservation, has housed exhibitions of works by both local and national artists.





### Caves

**The Magic White Caves**  
Place: Gudvangen  
Tel: (+47) 48 07 55 55  
[www.gudvangen.com](http://www.gudvangen.com)  
Season: Summer

The Magic White Caves of Gudvangen welcomes you inside the white mountain of Anorthosit with colours and darkness, silence and music, magic ponds, Grieg, Troll and Vikings. 45-60 Min.



### Church

**Dale Stone Church**  
Place: Luster  
[www.sognefjord.no](http://www.sognefjord.no)  
Season: June - Aug  
Sept - May: On order

In the village of Luster there is a distinctive stone church built around 1200. The architecture is Gothic and the church contains frescoes dating from the 15th century. Open to visitors.



### Museum

**Saffhuset**  
"The Juice House"  
Place: Sørheim  
Tel: (+47) 90 13 73 02  
[www.lerum.no](http://www.lerum.no)  
Season: may - sept

In 1909, Kari and Nils H. Lerum started juice-production at Sørheim, between Skjolden and Urnes. They built a small factory, the so called «Saffhuset» (the juice house), and started production on an industrial scale. Lerum is today Norway's leading jam and juice producing company. Guided tour for groups. NOK 40 pr person.



### Glacier Museum

**Norsk Bremuseum**  
Place: Fjærland  
Tel: (+47) 57 69 32 88  
[www.bre.museum.no](http://www.bre.museum.no)  
Season: April - Okt  
(Nov - March reservation required)

A hands-on museum about ice, glaciers, landscape and climate. Do your own experiments with 1000-year old ice from the Jostedalsglacier. Don't miss the breathtaking panoramafilm from the glacier. Travel through time and experience our planet from her birth, warm periods, ice ages, before you walk into the future.



### Church

**St. Olavs Church**  
Place: Balestrand  
[www.sognefjord.no](http://www.sognefjord.no)  
Season: May - Sept

The English church, which was built in 1897, is a copy of the old stave churches. It is under the authority of the Archbishop of Gibraltar. In summer, Anglican mass is held here by English vicars.



### Church

**Gaupne Old Church**  
Place: Gaupne  
Fortidsminneforeninga  
Tel: (+47) 57 67 88 40  
[www.stavechurch.com](http://www.stavechurch.com)  
Season: July

Gaupne Old Church, which dates from 1647, contains several traces of the older stave church, including planks from the portal with dragon carvings dating from the 12th century. The interior testifies to a great love of painting, and it is rich in detail and old fixtures and fittings.



### Museum

**Sogn Fjord Museum**  
Place: Kaupanger  
Tel: (+47) 57 67 82 06  
[www.dhs.museum.no](http://www.dhs.museum.no)  
Season: June, July and August

Sogn Fjordmuseum is a part of De Heibergske Samlinger- Sogn Folkemuseum. Here is a unique collection of boats from Sogn, maritime artefacts, a tavern from the early 19th century, a reconstructed boat builder's workshop, and a film showing boat building. The museum also has a cafeteria and souvenir shop. See more information on [www.dhs.museum.no](http://www.dhs.museum.no)



### National Tourist Route

**Sognefjellet**  
Place: Sognefjellet  
[www.sognefjord.no](http://www.sognefjord.no)

Route 55 across the Sognefjell mountain area between Luster and Lom is the highest and most impressive mountain pass in Northern Europe (highest point 1430 meters), and it has been awarded the status of National Tourist Route because of the spectacular and wild mountain scenery it passes through in the Jotunheimen National Park.



### Church

**Hove Stone Church**  
Place: Vik i Sogn  
Fortidsminneforeninga  
Tel: (+47) 57 67 88 40  
[www.stavechurch.com](http://www.stavechurch.com)  
Season: Medio June - Medio aug

Dating from c. 1170. Rich grave finds from Roman times indicate that Hove was an early chieftain's residence. In the 1880s, the church was bought and restored by architect Blix, who saved it from demolition. The church's medieval interior is beautiful and richly decorated. Architect Blix was buried under the floor of the church.



### Museum

**De Heibergske Samlinger - Sogn Folkemuseum**  
Place: Vestreim, Kaupanger  
Tel: (+47) 57 67 82 06  
[www.dhs.museum.no](http://www.dhs.museum.no)  
Open all the year. Main season from Mai 2. - September 30.

One of the oldest and largest folk museums in Norway, with comprehensive exhibitions, an open air museum with buildings from medieval times to the 1980s and a traditional farm with animals. Guided tours and activities every day in the main season. Cafeteria with homemade local food and a souvenir shop. More information on [www.dhs.museum.no](http://www.dhs.museum.no)



### National Tourist Route

**Aurlandsfjellet**  
Place: Aurland/Lærdal  
[www.sognefjord.no](http://www.sognefjord.no)

The mountainroad between Aurland and Lærdal is open from the 1st of June to approx. 15th of October. From Aurland to the viewpoint Stegastein - 7,5 km - the road is open all year. The crossing Aurland - Lærdal- Aurlandsfjellet is 48 km and the highest point 1306 m a.s.l. Fantastic view - snow along the road most of the summer - also called the "Snowroad".



### National Tourist Route

**Gaularfjellet**  
Place: Dragsvik/Førde  
[www.sognefjord.no](http://www.sognefjord.no)

(Rv13) The Gaularfjell mountains lie to the north of Balestrand, and the road between Dragsvik and Moskog (near Førde) passes through them. On the Balestrand side, the road twists and turns through nine hairpin bends. There are many beautiful rivers and waterfalls along the route.



### Museum

**Høyanger Industrial Museum**  
Tel: (+47) 99 21 93 53  
[www.industristadmuseet.wordpress.com](http://www.industristadmuseet.wordpress.com)  
Season: 1 June - 31 Aug and on order.

The exhibitions of Høyanger Industrial Museum portray the more than 99 year old industrial and working history of Høyanger through pictures and texts. Become acquainted with the trade union struggles, the war years, the living conditions and see how a worker would spend his time at work and at home.



### Flåm Railway museum

**The Flåm Railway Documentation Centre**  
Place: Flåm  
Tel: (+47) 57 63 23 10  
[www.visitflam.com](http://www.visitflam.com)  
Season: Open all year

Learn more about the history and construction of one of the steepest railway lines in the world, the technological development and the people behind this stunning achievement of railway engineering. Free admission and open daily throughout the year.



### World's longest tunnel

**Lærdalstunnelen**  
Tel: 99 23 15 00  
Place: Lærdal/Aurland  
[www.sognefjord.no](http://www.sognefjord.no)

The world's longest road tunnel is 24,5 km long and situated between Aurland and Lærdal. The tunnel opened November 2000. Lighting is a central factor - every 6 km the area is widened and these rock chambers are fitted with special lighting. Safety equipment and monitoring are installed in the tunnel.



### Sightseeing

**Rallartoget**  
Place: Flåm  
Tel: (+47) 99 37 23 38  
[www.rallartoget.no](http://www.rallartoget.no)  
Season: May- Medio Sept

You'll find Rallartoget next to the railway station in the center of Flåm from the beginning of May to middle of September. Daily departures in the main season every hour from 10:00 am to 4:00 pm. A roundtrip last about 45 minutes. A nice trip around Flåm.



### Borgund Stave church and Visitor Centre

**Fortidsminneforening**  
Place: Borgund  
Tel (+47) 57668109  
www.stavechurch.com  
Season: May - Sept

Built around 1180. Borgund stave church is the ultimate and most authentic stave church. Known for its breath taking carvings of dragons and snakes. Situated at the famous hiking trails of Lærdal Historic Route. Visitor Centre with stave church museum, "Unique Viking finds" exhibition, restaurant and souvenir collection.



**Stave Church**  
**Kaupanger Stave Church**  
Place: Kaupanger  
Fortidsminneforening  
Tel: (+47) 57 67 88 40  
www.stavechurch.com  
Season: June - Aug

The biggest stave church in Sogn (c. 1150), it has been in continuous use as a parish church for more than 850 years. Its medieval design has been preserved, and the body of the church is supported by 22 staves, the largest number of staves found in any stave church. Most of the interior dates from the 17th century. Visitor Centre at Knaken Cafe.



**Stairs**  
**The «Stairs» in Høyanger**  
Place: Høyanger  
Tel: (+47) 99 23 15 00  
www.sognefjord.no  
Season: All year

The stairs follow the water pipelines which was built in connection with power station in Høyanger. There are two staircases: 1. against Siplø approx 600 m long and has a vertical drop of 311 meters, 1286 steps (steeply) 2. in Dale 2500 steps flat and more Family-friendly. Stunning views of Høyanger and Høyangs Fjord, possibility to take the mountain trail down



**Statue**  
**Fridtjov den Frøkne**  
Place: Vangsnes  
www.sognefjord.no  
Season: Open all year

Little park with a fantastic view over the Sognefjord. Here you find the 26 metres high statue of viking Fridtjov the Bold. The statue was a gift from Emperor Wilhelm II in 1913.



**Stave Church**  
**Hopperstad Stave Church**  
Place: Vik i Sogn  
Fortidsminneforening  
Tel: (+47) 57 67 88 40  
www.stavechurch.com  
Season: Medio May – Medio Sept

Hopperstad stave church is assumed to have been built around 1130 and still stands at its original location, offering a wonderful view over Vik town centre and the Sognefjord. The church is a triple-nave stave church. It has three portals, and the west portal is an example of Norwegian medieval wood carving at its finest. The 14th century alter canopy is the only one of its kind still existing in Norway.



**Stave Church**  
**Urnes Stave Church**  
Place: Urnes  
Fortidsminneforening  
Tel: (+47) 57 67 88 40  
www.stavechurch.com  
Season: May - Sept

The oldest stave church in the country (1130) and the only stave church to be included on UNESCO's World Heritage List. The church contains ornaments dating from the 1060's and is unusually ornately decorated. It's beautifully located by the Lustrafjord. Visitor centre with exhibition and small shop by the church.



**Tourist route**  
**Tindevegen**  
Place: Årdal/Turtagro  
www.tindevegen.no  
Season: Seasonal

Tindevegen is the beautiful mountain road that runs between Øvre Årdal and Turtagro (32 km). At Turtagro, you join the Sognefjellsvegen road, a National Tourist Route that runs west down to Skjolden (17 km) and Gaupne by the Sognefjord in Luster, and east to Lom in the Gudbrandsdalen valley. There are terrific views of magnificent scenery and the peaks of Jotunheimen from many places along the Tindevegen road.



**Sculpture**  
**Jonsoek**  
Place: Skjolden  
Season: All year

In Skjolden you can find the new sculpture "Jonsoek" by Kati Casida. The aluminium sculpture is symbolising a midsummer night's bon fire. Kati Casida is an American artist with roots in the Sognefjord and Luster area.



**View point**  
**Stegastein**  
Place: Aurland  
www.sognefjord.no

Aurlandsvegen - the mountainroad between Aurland and Lærdal you'll find a unique new breathtaking viewpoint Plattform (lookout) - Stegastein. Situated 6 km from the centre of Aurlandsvangen. 650 metres above sea level - overlooking the Aurlandfjord. The road between Aurland centre and Stegastein is open all year. Parking & toilets.



**Museum**  
**The Norwegian Museum of Travel and Tourism**  
Place: Balestrand  
Tel: (+47) 47 45 30 53  
www.reiselivsmuseet.no

The Norwegian Museum of Travel and Tourism will be opening in May 2015. Modern exhibitions portray the development of tourism in Norway from the early beginnings in the 19 Century to contemporary mass tourism of today. The museum holds antiquarian buildings and a special collection of souvenirs from the period 1890 - 2014. The cafeteria "Vindreken" and the museum shop are open.

## Other attractions

Product	Company	Place	Tel	Web	
Museum	Munthehuset	Kroken/Luster	57 68 35 00	www.munthehuset.no	
	Massnes Villmarksmuseum	Bjordal	57 71 05 46	www.visithoyanger.no	
	Kristianhus Båt- & motormuseum	Vik	57 69 56 86	www.sognefjord.no	
	Post – og Telemuseet	Lærdal	47 71 09 01	www.laerdal.kommune.no	
	Margretestova	Filefjell/Lærdal	57 66 87 11	www.maristuen.no	
	Borlo Bygdetun	Lærdal	48 06 07 38	hegg-lu@online.no	
	Historical sites	Vikøyri strandsitjarstad	Vik	57 69 56 86	www.sognefjord.no
		Borgstova	Vik	57 69 65 50	
		Wittgenstein plakett	Skjolden	97 65 51 47	www.skjolden.com
		Slaget ved Fimreite - minnestein	Nornes	97 60 04 43	www.sognefjord.no
Henrik Angell - minnestein		Luster	97 60 04 43	www.sognefjord.no	
Moahaugane, gravhaugfelt		Vik	57 69 56 86		
Gallery/exhibitions	Lusakaupangen	Kaupanger	48 00 48 17	www.knaken.no	
	Runesteinen på Stedje	Sogndal			
	Lokalhistorisk senter / Galleri Vinjum	Aurland	57 63 29 00	www.sognefjord.no	
	Haukaas Emaljeverksted	Balestrand	57 69 14 19	www.solveighaukaas.no	
	Bryggehuset	Skjolden	57 20 30 30	www.skjolden-brygge.no	
	Turtagro hotell	Turtagro	57 68 08 00	www.turtagro.no	
	Bestemors Vevstove	Aurland	41 21 32 32	www.aurland.com	
	Sivle samlinga	Aurland	57 63 29 00		
	Balestrand Art Village	Balestrand	57 69 12 55	www.sognefjord.no	
	Energiutstilling	Aurland	57 63 29 00	www.aurland.kommune.no	
Church	Det gylne hus, Bjørg og Arthur	Balestrand	915 62 842	www.detgylnehus.no	
	Sogn Kunstsenter	Lærdal		www.norsk-villakssenter.no	
	Utladalen Naturhus	Årdal	57 66 15 70		
	Kvamsøy kyrkje	Balestrand	57 69 15 48	(on req.)	
	Stedje kyrkje	Sogndal	57 67 99 85	www.sogndal.kyrkja.no	
	Leikanger kyrkje	Leikanger	57 67 99 85	www.leikanger.kommune.no	
	Vangen Kyrkje	Aurland			
	Undredal stavkyrkje	Undredal	95 29 76 68	www.undredal-stavkyrkje.com	
	Hauge Kyrkje	Lærdal			
	Statue	Kong Bele statuen	Balestrand		
Baldersteinen		Leikanger			
Gjest Baardsen statue		Sogndal			
Tell Teigen Monument		Høyanger	99 23 15 00	www.sognefjord.no	
Sæverud-monumentet		Lærdal			
Bautastein Lærdalskompaniet		Lærdal			
Bjorkum-Kaupangen		Lærdal			
Other attractions		Amtskontoret	Leikanger	57 65 56 00	www.leikanger.kommune.no
		Midt Ljosne Gard	Lærdal	908 58 191	www.moreller.no
		Jutlamannen	Lærdal		
	Nårekista	Lærdal			
	Fugletitting	Balestrand	57 69 14 19	www.enamel.no	



# Activities

The Sognefjord landscape is full of contrasts, making it an ideal place to enjoy breathtaking nature experiences and invigorating activities. There are few places in the world that can offer such a large selection of activities in such a small area! Regardless of whether you are looking for relaxation or physical challenges, you are sure to find an activity that will bring you into close contact with nature. Expert guides lead organized activities that are adapted to suit all age groups.

## Glacier walks

The Jostedal Ice Cap is the largest European mainland glacier. In the Sognefjord region, you can go on guided glacier hikes in the Jostedal Valley, Fjærland, Jotunheimen and other areas. The guides know the glaciers well - and will guide you safely through the exciting, blue and icy world of the glacier.



### Glacier walks

#### Leirdalen Bre og Juv

Place: Leirdalen  
Tel: (+47) 47 02 78 78  
www.breogjuv.no  
Season: June - Sept

Glacier walk on the Tunsbergdal glacier, the longest glacier arm in Norway. In small groups we travel by RIB boat into the Jostedal Glacier National Park. In easy walking terrain we walk to the glacier. We explore the blue ice world, its crevasses and high ice-towers. Before we return, we enjoy lunch at a traditional Norwegian tipi.



### Glacier walks

#### Jostedalens Breforarlag

Place: Nigardsbreen, Jostedal  
Tel: (+47) 57 68 31 11  
www.bfl.no  
Season: May - Sept

The experienced glacier guides at Nigardsbreen offer a wide range of well-organised glacier hikes on the blue ice, both for children as young as 6 years old and for those who are looking for something more challenging. Daily tours from May to September. Buy tickets at Breheimsenteret glacier museum, Jostedal.



### Mountain Climbing

#### Breogfjell

Place: Indre Sogn  
Tel: (+47) 41 14 60 70  
www.breogfjell.no  
Season: June - Sept

In the summer Breogfjell offer mountain climbing, glacier guiding, and hiking tours as well as glacier- and climbing courses in Hurrungane and Jotunheimen. The starting point for most of our activities is the small town of Sogndal. This gives you the opportunity to get to Store Skagastølstind, Store Austabotnind and other spectacular peaks in the area as well as the glaciers in Jostedal. Breogfjell has all necessary climbing- and glacier equipment.



### Sightseeing

#### Sightseeing Tour to Stegastein Viewpoint

Place: Flåm/Aurland  
Tel: (+47) 57 63 14 00  
www.visitflam.com  
Season: All year

Take the bus sightseeing tour from Flåm, via Aurland, to the spectacular and award-winning Stegastein viewpoint – a wooden design platform perching 650 meters above sea level overlooking the astounding landscape of the Aurlandsfjord. A travel guide folder will be handed out on the bus.



### Kayak & rafting

#### ICETROLL

Place: Jostedal  
Tel: (+47) 97 01 43 70  
www.icetroll.com  
Season: Mai - Sept

ICETROLL offer glacier hiking, kayaking and rafting tours in Jostedal, Luster. The tours are only in small groups, max. 9 per guide and are designed for any ability. They range from shorter half-day trips to full-day and overnight tours. Trips also possible if you are using the glacier bus



### Ski touring and winter climbing

#### Breogfjell

Place: Indre Sogn  
Tel: (+47) 41 14 60 70  
www.breogfjell.no  
Season: Winter

Alpine Ski Touring and winter climbing with certified IFMGA Mountain Guides. Whether you like to cruise through the powder down from mountain to fjord, or how a frozen waterfall can enable a powerful feeling. Both elements is great fun, but it also includes a serious risk. We are happy to share our knowledge with you, so you can travel safely in the mountains.



### Kayak

#### NJORD

Place: Flåm  
Tel: (+47) 91 32 66 28  
www.kajakk.com  
Season: May - Sept

Based in Flåm, we run guided kayak tours along most of the Sognefjord. We have daily departures from Flåm, along the stunning Aurlandsfjord, during the summer season. Tours last from 3 hrs to 5 days. All tours are designed for beginners, no experience required. All kayak equipment is provided. Bring snacks, drinks, camera, a smile and a good attitude. We often see porpoises, seals and eagles. Courses are also arranged for all levels & a variety of skills & techniques.



### Snowshoe Hiking

#### Flåm Guide Service AS

Place: Flåm  
Tel: (+47) 99 09 08 60  
www.fjordsafari.com  
Season: Winter

Come and experience the Norwegian winter on snowshoes! From February 1st. 2015 we offer guided hikes in our local mountains to Stegastein viewpoint in Aurland. Join us on this hike from fjord to mountain, enjoy the amazing view and experience how it is to hike on these traditional snowshoes. Your guide will tell you about the unique local nature, and hot beverages will be served during the hike. The trip is suitable for beginners, general fitness but no experience needed



### Farm visit

#### Eide Gard

Place: Skjolden  
Tel: (+47) 95 10 96 43  
www.eidebesoksgard.no  
Season: May - Sept

Eide farm has a unique history you can learn about. You can see different kinds of farm animals along nice pathways. Our cozy farm café offers good food, and you can enjoy the idyllic surroundings. Eide is a place for the whole family. Welcome!



### Kayaking on the Lusterfjord

#### Fjord Seal

Place: Marifjøra  
Tel: (+47) 95 77 41 96  
www.fjordseal.com  
Season: May - Sept

The trip is about 4 hours and is designed for the whole family. After instructions we paddle towards Solvorn. Along the way we may see seals and/or porpoises. We take a lunch break on a nice spot along the fjord. Bring your own food, drinks and extra clothes/towels, and don't forget your camera - you will have four exciting hours - guaranteed! The tour is designed for people of any ability. Children 7-14 years are required to paddle in a tandem with an adult.



### Kayak

#### Sogndal Lodge & Guiding

Place: Sogndal  
Tel: (+47) 57 62 99 88  
www.sogndallodge.no  
Season: Summer

You can rent single or more steady double kayaks, suitable for beginners. We offer 2- and 4 hours guided kayak tours. You can have an 'all inclusive', 4 hours kayak safari, including a good break at a beautiful spot in the middle of the fjord. We'll serve a taste of fresh and local food and drinks, and you might even get acquainted to a few curious goats!

Rallarveggen - ©Siverte Hjørneng, Fjord Norway





**Fjord Cruise**  
**World Heritage Cruise**  
**Nærøfjord**  
 Place: Flåm/Gudvangen  
 Tel: (+47) 57 63 14 00  
 www.visitflam.com  
 Season: All year

Explore the UNESCO World Heritage Area Nærøfjord all year round. The roundtrip includes a one way fjord cruise from Flåm to Gudvangen or vice versa, and a shuttle bus return to the starting point. Combine it with a stop at the charming village of Undredal during summer season.



**Fjord cruise**  
**Fjord1 - Rute: Flåm - Gudvangen**  
 Place: Flåm / Gudvangen  
 Nærøfjorden, UNESCO  
 Tel: (+47) 57 75 70 00  
 www.fjord1.no  
 Season: All year round

Take the world-famous cruise from Flåm to Gudvangen and experience the fantastic Nærøfjord on an unforgettable two-hour trip. The boat glides past isolated farms and between precipitous mountains that tower 1,800 m above the fjord.



**Bike and boat rental**  
**Lærdal Sport og Rekreasjon**  
 Place: Lærdal Ferie- og Fritidspark  
 www.laerdalsport.com  
 Season: 15.4 - 15.10

Lærdal Sport og Rekreasjon c/o Lærdal Ferie- og Fritidspark rentals; bicycles (touring, cross, racing, mountain bikes, triathlon, tandem), rowingboats, motorboats, canoes, pedal gokarts, familybikes, tenniscourt. Guided biking-, hiking-, and fishing trips on request.



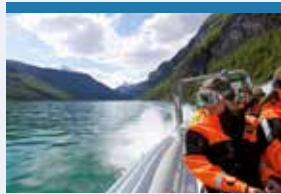
**Bicycle trip**  
**Rallarvegen -The Navvies' Road**  
 Place: Haugastøl - Flåm  
 www.rallarvegen.no  
 Season: See web

Rallarvegen, the old works road alongside the Bergen Railway and the Flåm Railway (Haugastøl - Finse - Myrdal - Flåm) is Norway's most popular cycle ride. The route is 80 kilometres long and passes through spectacular scenery that takes you all the way from the high mountains down to the fjord. You can rent bicycles at Haugastøl, Finse and Flåm.



**Fjord cruise**  
**Fjord1**  
 Place: Kaupanger / Gudvangen  
 Tel: (+47) 57 75 70 00  
 www.fjord1.no  
 Season: 1 May - 30 Sept

The most popular and dramatic ferry trip in Norway. The extraordinary Nærøfjord is the narrowest fjord in Europe and is a UNESCO World Heritage Site. Set aside the two hours needed for the cruise, and enjoy the magnificent scenery at your leisure.



**Fjord Safari**  
**Flåm Guide Service AS**  
 Place: Flåm  
 Tel: (+47) 99 09 08 60  
 www.fjordsafari.com  
 Season: 15 feb - 31 okt

Experience the UNESCO World Heritage Site with Fjord Safari! In our secure and comfortable Rib-boats you'll have the best opportunity to experience the beautiful Aurlandsfjord and the Nærøfjord, and its rich wildlife at close range. Join us, and get closer to the nature! The tours can also be combined with hiking tours and local food experiences.



**Bicycle trip**  
**Cafe Rallaren AS**  
 Place: Myrdal stasjon  
 Tel: (+47) 57 63 37 56  
 (+47) 970 89 052  
 www.caferrallaren.no  
 Season: June - sept

At Myrdal station, the last stop of Flåmsbana, Cafe Rallaren is situated. At Cafe Rallaren you can rent bike with helmet. The journey from Myrdal to Flåm is 20 kilometers and time on the bike is approximately 1,5 hour. Down the Flåm valley you will experience the wonderful Norwegian nature. Bike journey requires bike abilities.



**Høyangerbadet**  
**indoor pool**  
 Place: Høyanger  
 Tel (+47) 57 71 27 00  
 www.hoyangerbadet.no  
 Season: All year

A modern water park where the whole family can enjoy. Big indoor pool with water slides 56 m, special therapy pool, pool for small children, sauna and a small café. Outdoor pool with 28 ° C (25 x 12,5 m) and lawn area. Celebrating kids birthday possible.



**Bicycle, Stand Up Paddle, Fishing**  
**Adventure Tours AS**  
 Place: Skjolden  
 Tel: (+47) 95 76 63 85  
 www.adventuretours.no  
 Season: Mai - September

Adventure Tours offers bicycle, Stand Up Paddle (SUP) and fishing activities in Skjolden. You can either rent the equipment and explore on your own, or join us on a guided tour. Visit our webpage for further information about the tours.



**Fjord Adventure**  
**Adventure Tours AS**  
 Place: Lustrafjord, Skjolden  
 Tel: (+47) 95 76 63 85  
 www.adventuretours.no  
 Season: April-October

Join us for an adventure in a rigid inflatable boat (RIB)! Feel the breeze in your hair and relax to music from the stereo, while you enjoy beautiful views of the fjord, mountains and waterfalls. The tours are comfortable, secure and suitable for all ages, and can be combined with mountain hikes and food of local produce.



**Indoor Playpark**  
**Vesterland Resort**  
 Tel: (+47) 57 62 71 00  
 Place: Kaupanger  
 www.vesterland.no  
 Season: All year

Indoor playground for children between 1 to 14 years. Playland consists of a large climbing frame with slides, tunnels, mazes, ball cannons and glide path. In addition, it hosts 4 bouncecastles, play cars, various ball games and climbing wall. Indoor swimming pool.



**Lustrabadet**  
 Place: Gaupne  
 Tel: (+47) 57 68 56 80  
 www.lustrabadet.no  
 Season: All year

Indoor waterpark that gives you a unique experience! We offer 4 different pools, outdoor hot tub and ice bath, grotto, saunas, diving platforms, climbing wall, slides, fountains, water massage, bubbles and lots of great artwork on the walls! Enjoy a break with ice cream or food from the cafeteria. Swimming gear can be purchased from our little shop. Welcome!



**Express boat**  
**Bergen - Sogn/Flåm - Bergen**  
 Place: Bergen - Sogn/Flåm - Bergen  
 Tel: (+47) 51 86 87 00  
 www.norled.no  
 Season: All year

A trip by express boat is a welcome break from the hectic pace of daily life. Relax in comfortable chairs, breathe in the fresh sea air on deck or enjoy refreshments from our kiosk. Good discounts for families, groups, students and senior citizens. Have a great trip!



**Juving**  
**Leirdalen Bre og Juv**  
 Place: Leirdalen  
 Tel: (+47) 47 02 78 78  
 www.breogjuv.no  
 Season: June - Sept

Equipped with wet suit, life coat and helmet we are swimming in the river, and doing easy climbing up waterfalls and cliffs. We are sliding down waterfalls, and jumping from cliffs. Everybody can decide the size of their own challenge. We can guarantee it's wet and funny!



**Motorikpark™ Lærdal**  
**Sport and Health Park**  
 Place: Lærdal Sport og Helsepark  
 Tel: (+47) 96 22 51 11  
 www.motorikpark-laerdal.no  
 Season: All year

Lærdal Sport og Helsepark presents Motorikpark™ ; exciting activities for small kids (1-10 years) and big kids (10-100 years)! Playground, balancier labyrinth, climbing, various walking paths, force pavilion, pedal gokarts and much more.



**Pool**  
**Open-air swimming pool**  
 Place: Årdal  
 Tel: (+47) 57 66 53 70  
 www.sognefjord.no  
 Season: Summer

A big open-air swimming pool with two chutes, and two smaller pools for children. There is a little chute for toddlers in the smallest pool. The water in the swimming pool is heated to around 28 degrees Celsius. There is a grassy area with some tables and seating around the pool. There are also toilets, changing rooms and showers.





### Ski resort

#### Sogn Skisenter, Heggmyrane

Place: Indre Sogn  
Tel: (+47) 47 80 25 01  
www.sognskisenter.no  
Season: Winter

Sogn ski resort is suitable for all levels of ski enthusiasts. Safe family area with 2 lifts for kids and parents. The main lift is the longest in Norway (2 km). New "Sogna"-lift up to 1000 m.a.s.l. with a fantastic view over the Sognefjord against the Jostedal glacier and the Jotunheimen national park where you can enjoy 6 km downhill skiing in the longest slope in Scandinavia – the "Sognefjord"-slope. Café with good food and atmosphere. 13 km cross country slopes just outside the front door.



### Ski resort

#### Sogndal Skisenter, Hodlekve

Place: Sogndal  
Tel: (+47) 92 02 69 09  
www.sogndalskisenter.no  
Season: Winter

Ski resort in Sogndal valley 10 min from Sogndal towncenter with the ski bus. They offer 3 lifts, several slopes for different levels and separate childrens area in addition to perfect off piste and free ride areas with their own "Powder-express" bus that drives you back to the resort. The childrens area get visited by the "Frozen"-movie characters in the vacations. Café with home made food, and rental of snowshoes, free ride equipment and skis. Welcome to genuine ski pleasure!

## Other activities

Activity	Company	Place	Tel	Web	
<b>Glacier walks</b>	Breogfjell	Indre Sogn	41 14 60 70	www.breogfjell.no	
	Fjærland kayak & glacier	Fjærland	92 85 46 74	www.kayakglacier.no	
	Ice Troll	Jostedal	97 01 43 70	www.icetroll.com	
	Norgesguidene	Sognefjellet	92 05 40 57	www.norgesguidene.no	
	Sogndal Lodge & Guiding	Sogndal	57 62 99 88	www.sogndallodge.no	
	Brekick	Fjærland	91 57 01 01	www.brekick.no	
<b>Bus tours</b>	Sognefjorden AS	Flâm	57 63 14 00	www.visitflam.com	
<b>Boat trips</b>	Norway Fjord Cruise	Leikanger	57 65 69 99	www.fjordcruise.com	
	Målsnes Fjordopplevingar	Balestrand	47 85 53 23	www.malsnesfjord.com	
	Charter Cruise	Vik	57 69 65 55	www.chartercruise.no	
	Ice Troll	Jostedal	97 01 43 70	www.icetroll.com	
	Lustrabaatane	Luster	46 67 63 13	www.lustrabaatane.no	
	Lærdal Sport og Rekreasjon	Lærdal	99 50 51 11	www.laerdalsport.no	
	Sognefjorden AS	Flâm	57 63 14 00	www.visitflam.com	
<b>Boat rental</b>	Gamle Trewaren	Vik	90 10 86 31	www.gamletrewaren.no	
	Lyngmo Gjestehus & Camping	Hafslo	57 68 43 66	www.lyngmoinfo.com	
<b>River fishing</b>	Vik Jakt- og fiskelag	Vik	90 10 86 31	www.vik-jfl.no	
	Borgund Elveeigarlag	Borgund	95 22 77 57	www.inatur.no	
	Lærdal elveeigarlag	Lærdal	91 18 16 65	www.laerdalselvi.no	
<b>Fishing trips</b>	Lærdal Sport og Rekreasjon	Lærdal	99 50 51 11	www.laerdalsport.com	
	Charter Cruise	Vik	57 69 65 55	www.chartercruise.no	
	Lustrabaatane	Luster	46 67 63 13	www.lustrabaatane.no	
	Målsnes Fjordopplevingar	Balestrand	47 85 53 23	www.facebook.com/malsnes.fjord	
	Maristuen Gård	Borgundselve	57 66 87 11	www.maristuen.no	
	Lærdal Turistkontor	Lærdal	91 55 10 43	laerdal.fjellstyre@alb.no	
	Maristuen Gård	Filefjell	57 66 87 11	www.maristuen.no	
	Adventure Tours Norway	Skjolden	95 76 63 85	www.adventuretours.no	
		Jostedal	99 45 09 21	www.fimbuljostedal.no	
		Norgesguidene	Hurrungane	92 05 40 57	www.norgesguidene.no
<b>Mountain climbing</b>	Fimbul Jostedal	Jostedal	99 45 09 21	www.fimbuljostedal.no	
	Norgesguidene	Hurrungane	92 05 40 57	www.norgesguidene.no	
	Hiking trip/ Summit trip	Fimbul Jostedal	Jostedal	99 45 09 21	www.fimbuljostedal.no
		Jostedal Breforarlager	Jostedal	57 68 31 11	www.bfl.no
		Nes Gård	Høyheimsvik	95 23 26 94	www.nesgard.no
		Norgesguidene AS	Jostedal	92 05 40 57	www.norgesguidene.no
		Nordstedalseter turisthytter	Fortun	95 07 63 82	www.nordstedalseter.no
		Ice Troll	Jostedal	97 01 43 70	www.icetroll.com
		Aurland Fjord- og Fjellguiding	Aurland	47 90 02 12	www.aurlandfjordogfjellguiding.com

Activity	Company	Place	Tel	Web	
	Lærdal Sport og Rekreasjon	Lærdal	99 50 51 11	www.laerdalsport.com	
	Sogndal Lodge & Guiding	Sognefjord	57 62 99 88	www.sogndallodge.no	
	Breogfjell	Jotunheimen	41 14 60 70	www.breogfjell.no	
	Adventure Tours Norway	Skjolden	95 76 63 85	www.adventuretours.no	
<b>Farm visit</b>	Anestølen	Sogndal	95 96 56 16	seterkulturo/seire/ane.stolen/ane.html	
	Bjork Gard	Fortun	57 68 62 64	www.bjork-gard.no	
	Ciderhuset	Balestrand	90 83 56 73	www.ciderhuset.no	
	Skjolden Llamas	Skjolden	97 42 53 69	www.skjoldenllamas.net	
	Urnes Gard & Hjortefarm	Urnes	90 76 82 84	www.urnes.no	
	Borlo Bygdetun	Borgund	48 06 07 38		
	Lund Hjortefarm	Lærdal	95 94 37 89	ole.bjorn.grothe@alb.no	
	Henjatonet Eggjagarden	Leikanger	41 41 17 74	www.henjatonet.noww	
	Midt Ljosne Gard	Lærdal	90 85 81 91	www.moreller.no	
	Blaaflat Gard	Lærdal	95 83 27 15	www.blaaflat.no	
<b>Cave trips</b>	Norgesguidene AS	Jostedal	92 05 40 57	www.norgesguidene.no	
<b>Ice cave trips</b>	Fimbul Jostedal	Jostedal	99 45 09 21	www.fimbuljostedal.no	
<b>Hunting</b>	Maristuen Fjellferie	Filefjell	57 66 87 11	www.maristuen.no	
<b>Kayak</b>	Fjærland kayak & glacier	Fjærland	92 85 46 74	www.kayakglacier.no	
	Ice Troll	Jostedal	97 01 43 70	www.icetroll.com	
	Aurland Fjord- og Fjellguiding	Aurland	97 70 19 60	www.aurlandfjordogfjellguiding.com	
	Fjordseal	Marifjøra	95774196	www.fjordseal.com	
	Njord	Flâm	91 32 66 28	www.njord.as	
<b>Climbing Park</b>	Trollsteinen	Fortun	95 07 69 00	www.fortunsdalen.no	
<b>Rock climbing</b>	Breogfjell	Sogndal	41 14 60 70	www.breogfjell.no	
	Fimbul Jostedal	Jostedal	99 45 09 21	www.fimbuljostedal.no	
	Norgesguidene AS	Jostedal	92 05 40 57	www.norgesguidene.no	
	Sogndal Lodge & Guiding	Sogndal	57 62 99 88	www.sogndallodge.no	
		Gamle strandsitjarstad Vikøyri	Vik	57 69 56 86	www.sognefjord.no/vik
		Knaken	Kaupanger	48 00 48 17	www.knaken.no
	Ciderhuset	Balestrand	90 83 56 73	www.ciderhuset.no	
	Høyanger Turistkontor	Høyanger	99 21 93 53		
	Kunst- og kulturvandring	Balestrand	91 56 28 42	www.detgylnehus.no	
	Lærdal Turistkontor	Lærdal	99 23 15 00		
	Sanden Pensjonat	Lærdalsøyri	57 66 64 04	www.sandenpensjonat.no	
<b>Lama walks</b>	Skjolden Llamas	Skjolden	97 42 53 69	www.skjoldenllamas.net	
<b>"Meet the locals"</b>	Sogndal Lodge & Guiding	Sogndal	57 62 99 88	www.sogndallodge.no	
<b>Energy Exhibition</b>	Lærdal Sport og Helsepark	Lærdal	96 22 51 11	www.motorikkpark-laerdal.no	
<b>RIB-turar på fjorden</b>	Charter Cruise	Vik	57 69 65 55	www.chartercruise.no	
	Lustrabaatane	Luster	46 67 63 13	www.lustrabaatane.no	
	Målsnes Fjordoppleving	Balestrand	47 85 53 23	www.malsnesfjord.com	
	Adventure Tours Norway	Skjolden	95 76 63 85	www.adventuretours.no	
<b>Summer skiing</b>	Sognefjellet Sommarskisenter	Sognefjellet		www.skjolden.com/sommarski	
	Vik Skisenter/Vik Turistinformasjon	Vik	57 69 56 86	www.vikskisenter.no	
<b>SPA</b>	Bestebakken	Hafslo	90 16 84 49	www.bestebakken.no	
<b>Bike rides</b>	Lærdal Sport og Rekreasjon	Lærdal	99 50 51 11	www.laerdalsport.com	
	Bikeandhike	Balestrand	95 26 56 62	www.bikeandhikebalestrand.com	
<b>stand up paddling</b>	Sogndal Lodge & Guiding	Sogndal	57 62 99 88	www.sogndallodge.no	
	Adventure Tours Norway	Skjolden	95 76 63 85	www.adventuretours.no	
<b>Mountain biking</b>	Sogndal Lodge & Guiding	Sogndal	57 62 99 88	www.sogndallodge.no	
<b>Train</b>	Flåmsbana	Flâm	57 63 21 00	www.visitflam.com	
<b>ZipLine</b>	Brekick	Fjærland	91 57 01 01	www.brekick.no	

Many of the companies also offers trips over 2-3 days (e.g. a combination of kayak- and mountain trips, kayak- and glacier walks etc.)

## Ski Weekend in Sogndal from NOK. 990,-



Photo: Einar Laker/ Terje Røkke Nordlie Life AS/ Svane Hjemneik



For an active holiday or weekend, the region Sogn is the destination worth visiting. In the Norwegian fjord landscape, with lodge in the main centre, activity possibilities are endless.

In winter, with easy access to the mountains, skiresort and quiet surroundings; Sogndal, Jostedal and Fjaerland has evolved to become a mecca for alpine ski touring. Jotunheimen National Park has perfect opportunities for multi-day expeditions and alpine ski touring from hut to hut (The Haute Route equivalent).

Contact: [post@fjordski.no](mailto:post@fjordski.no)/tlf: +47 41 14 60 70

[www.fjordski.no](http://www.fjordski.no)



Where the glacier meets the fjord

## FJÆRLAND

*Fjaerland is situated only 30 minutes from Sogndal. The area has easy access to the glacier and a fantastic hiking terrain surrounded by some of the best nature Norway has to offer.*

<i>The Norwegian Book Town</i>	<i>The Norwegian Glacier Museum</i>
<i>Fjaerland Kayak &amp; Glacier</i>	<i>Fjaerland Fjordstove Hotell</i>
<i>Høyt &amp; Lavt Fjaerland</i>	<i>Bøyaøyri Eustary</i>
<i>Bøyum Camping</i>	<i>Flatbrehytta</i>
<i>Brevasshytta</i>	<i>Kaffistova</i>

Fjaerland Tourist Information: (+47) 57 69 32 33 ~ [info@fjaerland.org](mailto:info@fjaerland.org) ~ [www.fjaerland.org](http://www.fjaerland.org)





# Fishing

There is a great variety of lakes, streams and rivers in the Sognefjord region. Most of the lakes are in the mountains, and the region is therefore ideal for visitors who like to combine fishing and hiking. The mountain trout you can catch in these clear, freshwater lakes is considered a delicacy.

There are several rivers along the fjord where you can fish for salmon or sea trout. The area has a long tradition of fishing, and salmon rivers have enjoyed high status among anglers for more than a century. Fishing in the fjord is free throughout the year, and you may catch sea trout, cod, haddock, whiting and more.

There are some organized fishing trips you can join or you can rent a boat or fish from shore. Many accommodation sites along the fjord and lakes also have boats for their guests.

## Norwegian fishing licence fee

Before purchasing a permit for a lake or river containing salmon and sea trout, you have to pay the Norwegian fishing licence fee at a post office or at internet ([www.inatur.no/fiskeravgift](http://www.inatur.no/fiskeravgift)). Salmon are protected in some places, but you can nevertheless fish for sea trout in these lakes and rivers.

## Season

You can normally fish in the mountain lakes as soon as the ice on the lakes has melted in spring, and in most lakes and rivers containing salmon and sea trout the fishing season is from approx. 1 July to 15 September.

## How to get here?

### By car:

From Oslo E 16 to Fagernes over Filefjell and to Lærdal, (350 km) or highway 52 over Hemsedalsfjellet to Gol and Lærdal (330 km), or via Lillehammer to Lom and over Sognefjellet highway 55 to Luster. (450 km)

**From Bergen** E 16 via Voss and to Gudvangen / Nærøyfjorden (162km) Lærdal, (235 km), or via Voss over Vikafjell highway 13 to Vik, or E 39 to Lavik, Høyanger (240 km) and Balestrand (255 km)

**From Trondheim** via Otta, Lom and over Sognefjellet to Luster (420 km), or via Otta to Stryn, Skei and Sogndal (550 km).

**From Kristiansand** highway 9 via Haukelifjell to Odda and Voss (540 km)

**From Larvik** via Drammen/Gol (356 km)

Map and road description: [www.vegvesen.no](http://www.vegvesen.no) and [www.maps.google.no](http://www.maps.google.no)

### By air

Daily direct flights from Bergen (30 min.) and Oslo to Sogndal airport Haukåsen. (45 min.). Timetable: [www.wideroe.no](http://www.wideroe.no)

### Express boat

Daily departures from the centre of Bergen to the centre of Sogndal. The boats also call at Vik, Balestrand, Lavik, Høyanger og Leikanger. Timetable: [www.norled.no](http://www.norled.no)  
Summerroute Bergen-Flåm, daily departures.



The expressboat to Sogn ©Norled

### Express buses

Several departures per day from Bergen, Oslo, Lillehammer, Ålesund and Trondheim. Buses from Oslo and Trondheim go via Otta/Sognefjellet in the summer. Timetables: [www.ruteinfo.net](http://www.ruteinfo.net), [www.nettbuss.no](http://www.nettbuss.no) and [www.nor-way.no](http://www.nor-way.no)

### Train

Several daily connections between the Oslo-Bergen line and the steep and thrilling Flåm railway. Bus and boat connection to Sogndal, Leikanger, Balestrand etc.

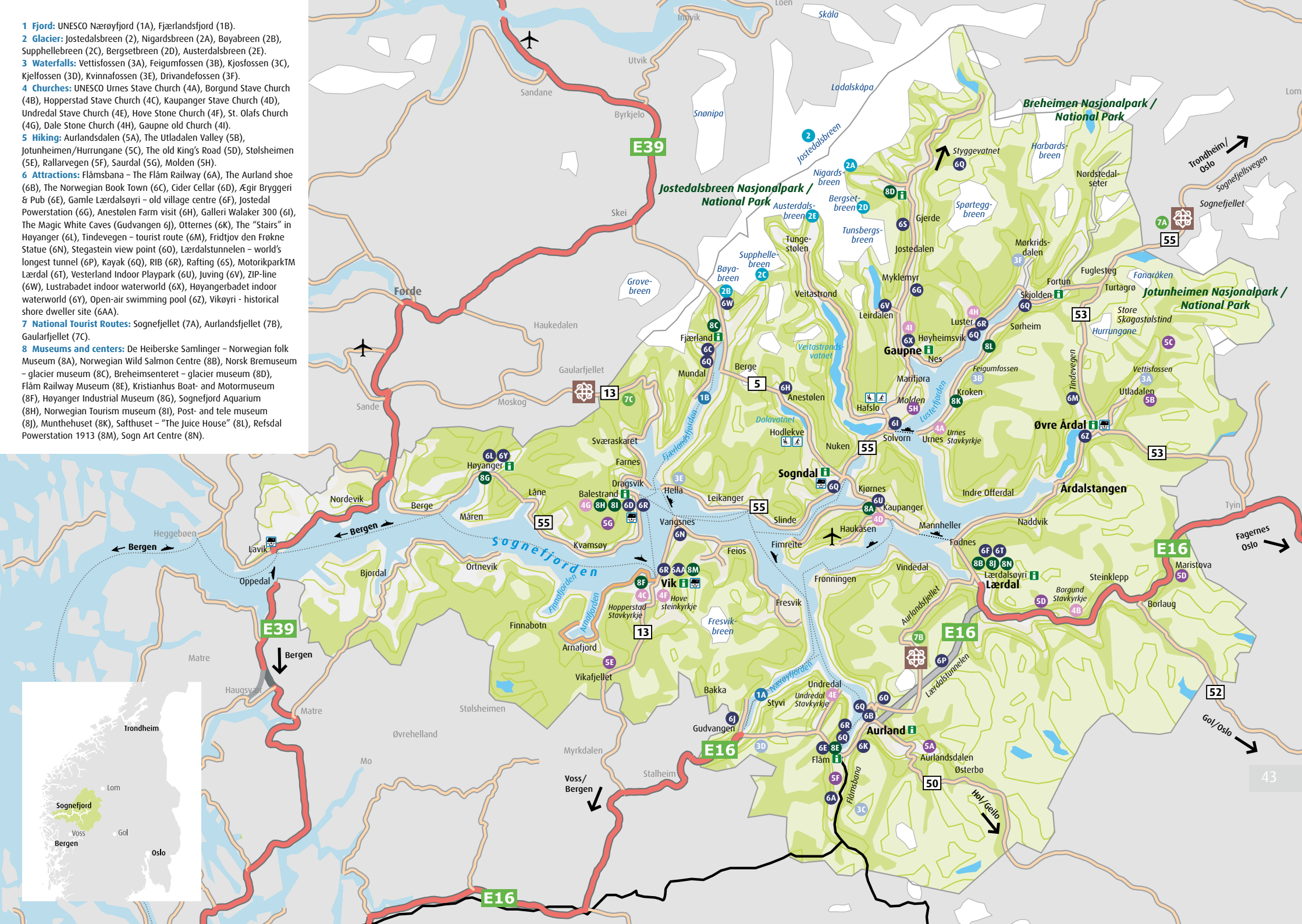
Timetables: [www.nsb.no](http://www.nsb.no) or [www.visitflam.com](http://www.visitflam.com)

### To Norway:

By air: [www.norwegian.no](http://www.norwegian.no), [www.wideroe.no](http://www.wideroe.no), [www.sas.no](http://www.sas.no)

Ferry: [www.colorline.com](http://www.colorline.com), [www.dfds.no](http://www.dfds.no), [www.fjordline.com](http://www.fjordline.com), [www.stenaline.no](http://www.stenaline.no)

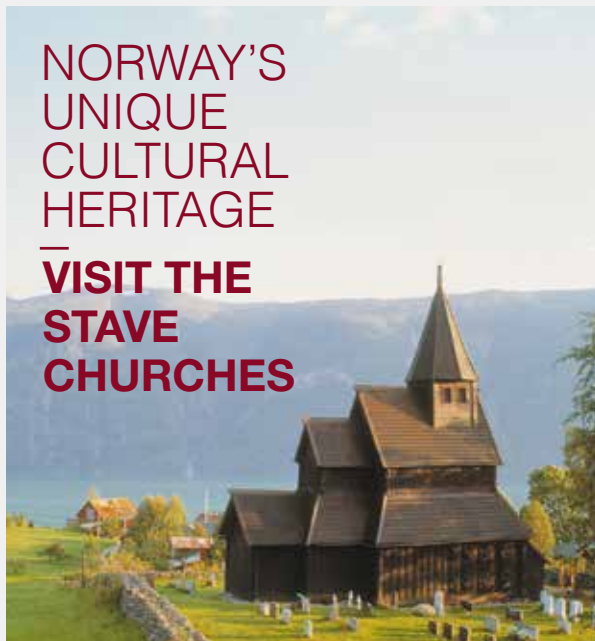
- 1 Fjord:** UNESCO Nærøyfjord (1A), Fjærlandsfjord (1B).
- 2 Glacier:** Jostedalsbreen (2), Nigardsbreen (2A), Bøyabreen (2B), Supphellebreen (2C), Bergsetbreen (2D), Austerdalsbreen (2E).
- 3 Waterfalls:** Vettisfossen (3A), Feigumfossen (3B), Kjosfossen (3C), Kjelfossen (3D), Kvinnafossen (3E), Drivandefossen (3F).
- 4 Churches:** UNESCO Urnes Stave Church (4A), Borgund Stave Church (4B), Hopperstad Stave Church (4C), Kaupanger Stave Church (4D), Undredal Stave Church (4E), Hove Stone Church (4F), St. Olafs Church (4G), Dale Stone Church (4H), Gaupne old Church (4I).
- 5 Hiking:** Aurlandsdalen (5A), The Utladalen Valley (5B), Jotunheimen/Hurrungane (5C), The old King's Road (5D), Stølsheimen (5E), Rallarvegen (5F), Saurdal (5G), Molden (5H).
- 6 Attractions:** Flåmsbana – The Flåm Railway (6A), The Aurland shoe (6B), The Norwegian Book Town (6C), Cider Cellar (6D), Ægir Bryggeri & Pub (6E), Gamle Lærdalsøyri – old village centre (6F), Jostedal Powerstation (6G), Anestølen Farm visit (6H), Galleri Walaker 300 (6I), The Magic White Caves (Gudvangen 6J), Otternes (6K), The "Stairs" in Høyanger (6L), Tindevengen – tourist route (6M), Fridtjov den Frøkne Statue (6N), Stegastein view point (6O), Lærdalstunnelen – world's longest tunnel (6P), Kayak (6Q), RIB (6R), Rafting (6S), MotorparkTM Lærdal (6T), Vesterland Indoor Playpark (6U), Juving (6V), ZIP-line (6W), Lustrabadet indoor waterworld (6X), Høyangerbadet indoor waterworld (6Y), Open-air swimming pool (6Z), Vikøyri - historical shore dweller site (6AA).
- 7 National Tourist Routes:** Sognefjellet (7A), Aurlandsfjellet (7B), Gaularfjellet (7C).
- 8 Museums and centers:** De Heiberske Samlinger – Norwegian folk Museum (8A), Norwegian Wild Salmon Centre (8B), Norsk Bremuseum – glacier museum (8C), Breheimsenteret – glacier museum (8D), Flåm Railway Museum (8E), Kristianhus Boat- and Motormuseum (8F), Høyanger Industrial Museum (8G), Sognefjord Aquarium (8H), Norwegian Tourism museum (8I), Post- and tele museum (8J), Munthehuset (8K), Saffhuset – "The Juice House" (8L), Refsdal Powerstation 1913 (8M), Sogn Art Centre (8N).





# NORWAY'S UNIQUE CULTURAL HERITAGE

## VISIT THE STAVE CHURCHES



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### Borgund

Stave Church  
ca 1180  
and Visitor Centre

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### Hopperstad

Stave Church  
ca 1130

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### Urnes

Stave Church  
ca 1130  
and Visitor Centre



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### Kaupanger

Stave Church  
ca 1150  
Knaken Café

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### Hove

Stone Church  
ca 1170

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### Gaupne

Old Church  
ca 1647

Vestreim NO-6854 Kaupanger  
Tlf. +47 57 67 88 40

[info@stavechurch.com](mailto:info@stavechurch.com)  
[www.stavechurch.com](http://www.stavechurch.com)

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## Fortidsminneforeninga Sogn og Fjordane avdeling

The Society for the Preservation of Norwegian  
Ancient Monuments

Photos: Finn Loftesnes, Jiri Havran, Håkon Li. Design: cuatroelefantes.com

# Fjord1

## Explore the Sognefjord and Nærøyfjord



Online booking at [www.fjord1.no](http://www.fjord1.no)  
or contact Fjord1 Bookingservice:  
Tel. +47 5775 7000

[www.fjord1.no](http://www.fjord1.no)

A til Å - www.watilaano




















Quality Hotel Sogndal - photo: creativision.no


# Accommodation

We offer a wide range of accommodation in all price classes. You have a choice of apartments, cabins and holiday homes, campsites with chalets, youth hostels, guest-houses, tourist cabins, B&B, hotels, farm stays and other types of special accommodation. You also have the option of historical hotels, which are steeped in tradition and have their own special atmosphere.

The tourist information offices and websites [www.sognefjord.no](http://www.sognefjord.no) can help you to find accommodation. If you are planning to visit the area in the high season (July/August) it is best to book in advance to make sure you get the type of accommodation you want.

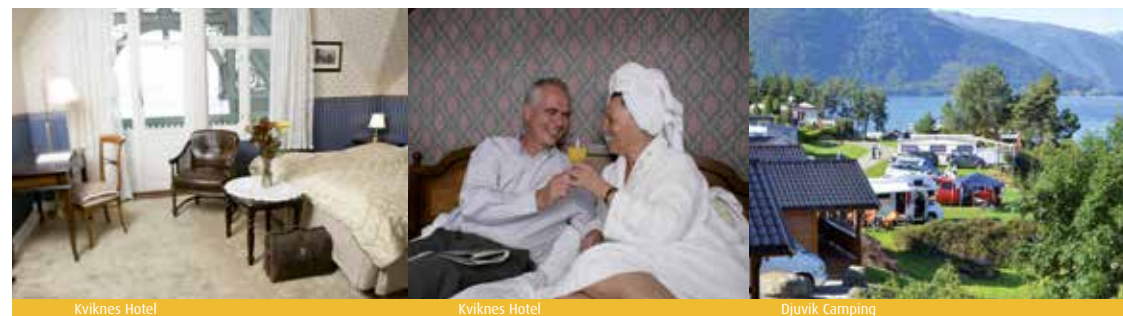
 = hotel    
  = cabins/holiday homes    
  = camping    
  = room

AURLAND			
Aurland			
Aurland Fjordhotell		57 63 35 05	post@aurland-fjordhotel.com
Lunde Camping	 	99 70 47 01	lunde.camping@alb.no
Skresanden Hytter		57 63 34 72	
Skaim Hytter		47 90 02 12	www.skaimhytter.no
Sommarhuset Bygningen		94 82 94 31	www.skjerdal.com
Vangsgaarden	 	57 63 35 80	www.vangsgaarden.no
Østerbø Fjellstove	  	57 63 11 77	www.aurlandsdalen.com
Østerbø Turisthytte	 	57 63 11 41	ingeos@online.no

FLÅM			
Garnes Overnatting		91 31 88 59	vikingexplorer@online.no
Heimly Pensjonat		57 63 63 00	mail@fretheimhotel.no
Ferieleilighet Flåm		91 52 33 94	post@flamoppleving.no
Flåmsbrygga Hotell		57 63 20 50	booking@flamsbrygga.no
Flåm Camping & Vandrarheim	 	57 63 21 21	www.flaam-camping.no
Flåm Marina & Apartments	 	57 63 35 55	www.facebook.com/flammarina
Fretheim Hotell		57 63 63 00	www.fretheimhotel.no
Vatnahalsen Høyfjellshotell		57 63 37 22	www.vatnahalsen.no
UNDREDAL			
Undredal Overnatting		57 63 31 00	info@visitundredal.no
GUDVANGEN			
Gudvangen Camping	 	99 38 08 03	www.visitgudvangen.com
Gudvangen Fjordtelt		48 07 55 55	fjordtelt@online.no
Hemre Camping på Gudvangen	 	97 93 30 33	www.hemrecamping.com
Vang Camping	 	57 63 39 26	post@vang-camping.no
STALHEIM			
Stalheim Hotel		56 52 01 22	info@stalheim.com
Stalheimsøy Gard		41 24 72 29	www.stalheimsøy.no
BALESTRAND			
Anders Tjugum		95 04 16 51	anders.tjugum@gmail.com
Arild Ulvestad Fjordhytter		97 69 95 06	arild-ul@online.no
Balestrand Feriehytter		99 36 42 47	www.sognefjordhytter.no
Balestrand Hotell		57 69 11 38	www.balestrand.com
Balestrand Vandrarheim		57 69 13 03	www.kringsja.no
Dragsvik Fjordhotell & Hytter	 	57 69 44 00	www.dragsvik.no
Esefjorden Camping	 	48 26 28 78	esefcamp@online.no
Grønlund Hytter		97 52 45 79	www.gronlundferienhaus.com/norsk
Kallestad Hytter		90 63 95 82	www.sognefjord.no
Kringsjø Hotell		57 69 13 03	www.kringsja.no
Kviknes Hotel		57 69 42 00	www.kviknes.no
Menes Fjordhytter		90 86 89 43	www.menes.no
Midtnes Hotell		57 69 42 40	www.midtnes.no
Målsnes Hytter		99 73 22 26	www.sognefjord.no
Sjøtun Camping	 	95 06 72 61	www.sjotun.com
Thue Romutleige		57 69 15 95	jwww.thuegaarden.no
Veganeset Camping	 	57 69 16 12	www.veganesetcamping.no
HØYANGER			
Alværa Misjonsenter		57 71 17 57	www.alvera.no
Brekke Cabins		41 46 41 22	www.brekke.net
Falkenhytta		92 66 92 86	www.siplo.no
Hellebø Hytter		48 60 12 30	atle.hellebo@c2i.net
Lavik Fjord Hotell		57 71 40 40	www.lavikfjordhotell.no
Nesheim Camping og Hytter Båtutleige	 	57 71 01 33	www.nesheim-camping.no
Norevikane Fagernes Hyttesenter		57 71 07 16	www.norevikane.com
Sognefjorden Rorbuer og Hyttesenter		57 71 01 36	www.sogn-rorbuer.no
Stordalen Fjellstove		56 36 62 05	www.stordalenfjellstove.no
Øren Hotel		57 70 76 00	www.orenhotel.no
LEIKANGER			
Hella Fjordhytter		57 65 29 21	www.sognefjord.no
Leikanger Fjord Hotel		57 65 60 20	www.leikanger-fjordhotel.no
Sognefjord Hotell		57 65 11 00	www.sognefjordhotel.no
Systromd Motell og Camping	 	57 65 39 17	www.systromdcamping.no



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<b>Fortun</b>			
Bjørk Gard	🏠	41 33 83 86	www.bjork-gard.no
Nordstedalseter Turisthytte	🏠	95 07 63 82	www.nordstedalseter.no
Turtagrø Hotel	🏠	57 68 08 00	www.turtagro.no
<b>Gaupne</b>			
Pluscamp Sandvik	🏠	57 68 11 53	www.sandvikcamping.com
Gaupnetunet	🏠	99 20 61 10	www.gaupnetunet.no
<b>Hafslo</b>			
Beim Gard	🏠	92 21 47 13	www.beim-gard.no
BesteBakken	🏠	90 16 84 49	www.bestebakken.no
Eikum Hotel	🏠	57 68 06 00	www.eikum.no
Gløtten Hytter	🏠	40 41 16 70	www.glottenhytter.no
Hafslo Hytteutleige Straumane	🏠	92 69 54 02	www.hafslohytteutleige.com
Hafslo Gjestehus	🏠	46 69 05 55	www.hafslogjestehus.com
Hafslotun Hyttesenter	🏠	41 43 21 02	www.hafslotun.no
Lyngmo Gjestehus og Camping	🏠	57 68 43 66	www.lyngmoinfo.com
Kvamshaugen Herberge og Hytter	🏠	57 68 41 57	www.kvamshaugen.no
Tang Hyttegrend	🏠	95 23 08 31	www.tang-hyttegrend.no
<b>Høyheimsvik</b>			
Luster Fjordhytter	🏠	57 68 65 00	www.luster-fjordhytter.com
Nes Gard Gjestehus	🏠	95 23 26 94	www.nesgard.no
Viki Fjordcamping	🏠	99 53 97 30	www.vikicamping.no
<b>Jostedalen</b>			
Jostedal Hotell	🏠	57 68 31 19	www.jostedalhotel.no
Jostedal Camping	🏠	97 75 67 89	www.jostedalcamping.no
Nigardsbreen Camping	🏠	57 68 31 35	www.sognefjord.no
Nigardsbreen Gjestehus	🏠	41 77 47 47	www.nigardsbreen.com
<b>Luster</b>			
Sogn Fjordhytter	🏠	93 83 25 53	www.sognfjordhytter.no
<b>Marifjøra</b>			
Marifjøra Sjøbuer	🏠	48 14 43 09	www.rorbu.net
Torvis Bre-, Ski- & Fjordhotel	🏠	57 68 35 00	www.torvis.no
<b>Ornes</b>			
Urnes Gard og hjortefarm	🏠	90 76 82 84	www.urnes.no
<b>Skjolden</b>			
Munthehuset (Kroken)	🏠	57 68 35 00	www.munthehuset.no
Skjolden Resort	🏠	57 68 23 80	www.skjolden-resort.com
Skjolden Hotel	🏠	57 68 23 80	www.skjolden-resort.com
Skjolden Vandrarheim	🏠	57 68 61 88	www.vassbakken.com
Vassbakken Kro og Camping	🏠	57 68 61 88	www.vassbakken.com
<b>Solvorn</b>			
Eplet Bed & Apple	🏠	41 64 94 69	www.eplet.net
Walaker Hotell	🏠	57 68 20 80	www.walaker.com
Solvorn Gjesthus	🏠	90 91 94 44	www.solvorn.com
<b>Veitastrom</b>			
Nesøyane Gard	🏠	57 68 78 19	www.nesoyane.com
<b>VIK</b>			
<b>Vik i Sogn</b>			
Dampen Pub & Bistro	🏠	48 08 23 60	dampen@hopstock.no
Tistel Camping og Feriehytter	🏠	57 69 54 79	e-tis@online.no
Vik Camping	🏠	57 69 51 25	www.vikcamping.com
Vik skisenter	🏠	57 69 56 86	www.vikskisenter.no
Hopstock Bed & breakfast	🏠	57 69 65 50	post@hopstock.no
Gamle Trevaren – leilegheiter/rom	🏠	90 10 86 31	www.gamletrevaren.no



Kviknes Hotel

Kviknes Hotel

Djuvik Camping

<b>Feios</b>			
Alm Gard	🏠	90 85 92 21	www.almgard.com
<b>Vangsnes</b>			
Djuvik Camping	🏠	91 14 18 78	www.djuvikcamping.no
Fjellheim Camping	🏠	57 69 67 32	www.fjellheimcamping.no
Solvang Camping Hytter & Motel	🏠	57 69 66 20	www.solvangcamping.com
Tveit Camping	🏠	91 14 18 79	www.tveitcamping.no
Sognefjord Gjestehotell	🏠	57 69 67 22	www.sognefjord-gjestehus.no
<b>Arnafjord</b>			
Arnafjord hytter	🏠	90 59 35 86	www.arnafjord-hytter.no
<b>Fresvik</b>			
Riehus Hatleli	🏠	98 80 67 98	rhatleli@broadpark.no
<b>LÆRDAL</b>			
Bjøraker Camping	🏠	57 66 87 20	www.sognefjord.no
Bjørkum Gard	🏠	905 56 111	ole.j.bjorkum@gmail.com
Grandane Hotell	🏠	57 66 69 00	post@lindstroemhotel.no
Hønjum Gard	🏠	57 66 91 18	www.mamut.net/hnjumgard/
Lindstrøm Hotell	🏠	57 66 69 00	post@lindstroemhotel.no
Lærdal Ferie- og Fritidspark	🏠	57 66 66 95	www.laerdalferiepark.com
Lærdal Hotell	🏠	57 66 77 00	post@lerdalhotel.no
Sanden Pensjonat	🏠	57 66 64 04	post@sandenpensjonat.no
Vindedal Camping og hytter	🏠	57 66 65 28	avindeda@alb.no
<b>Borgund</b>			
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Borlaug Turist- og Vandrarheim	🏠	57 66 87 80	borlaug@hihostels.no
Eggum Gard	🏠	57 66 82 75	post@eggumgard.no
Kvamme Hytte	🏠	57 66 81 26	
Maristuen Fjellferie AS	🏠	57 66 87 11	post@maristuen.no
Steinklepp Hytter og Camping	🏠	91 80 74 87	
<b>SOGNDAL</b>			
<b>Fjærland</b>			
Boyum Camping	🏠	57 69 32 52	www.boyumcamping.no
Brekick	🏠	91 57 01 01	www.brekick.no
Flatbreytta	🏠	57 69 32 29	www.fjaerland.org/flatbreytta
Fjærland Fjordstue Hotell	🏠	57 67 57 57	www.fjaerlandhotell.no
<b>Kaupanger</b>			
Amble Gård	🏠	40 51 05 89	www.amblegaard.no
Havnebakken Feriehus	🏠	91 75 10 16	www.havnebakken.no
Timberlids Hytter	🏠	95 84 26 61	www.timberlid.no
Vesterland Feriepark	🏠	57 62 71 00	www.vesterland.no



Walaker Hotell, Solvorn

Slinde			
Lunden Ferie	🏠	95 00 50 10	www.lundenferie.no
Sogndal			
Best Western Læg Reid Hotel	🏨	57 62 88 88	www.lag Reid.no
Hofslund Fjord Hotel	🏨	57 62 76 00	www.hofslund-hotel.no
Kjørnes Camping	🏠 🚐	97 54 41 56	www.kjornes.no
Lems Bungalows	🏠	91 14 62 72	www.lemsbungalows.com
Litlabø Hytter	🏠	90 78 82 20	johannes.litlabo@sogn.no
Loftesnes Hytter	🏠 🚐	95 20 65 74	www.loftesneshytter.no
Loftesnes Pensjonat	🏠	57 67 15 77	www.sognefjord.no
Quality Hotel Sogndal	🏨	57 62 77 00	www.qualityhotelsogndal.no
Sogndal Lodge & Guiding	🏠	57 62 99 88	www.sogndalodge.no
Svedal Hytter	🏠	98 00 67 80	hmsvedal@hotmail.com
Ølnes Fjordhytter	🏠	98 01 03 79	solnes@gmail.com
ÅRDAL			
Avdal Farm Tourist Lodge	🏠	90 27 49 96	www.avdalen.no
Klingenberg Hotel	🏨	57 66 58 00	www.klingenberghotel.no
Sitla Hotel	🏨	57 66 58 80	www.sitlahotel.no
Tangen Pensjonat	🏠	57 66 10 55	a-skoglu@online.no
Utladalen Camping	🚐	57 66 34 44	www.utladalencamping.no
Vetti Farm Tourist Lodge	🏠	57 66 30 24	www.utladalen.no

🏨 = hotel    🏠 = cabins/holiday homes    🚐 = camping    🏠 = room

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Country code for Norway : +47.

# Flåm Marina & Apartments

- ei perle innerst i Sognefjorden

Flåm Marina & Apartments is situated in magnificent surroundings about 400m from the center of Flåm.



© Flåm Marina & Apartments | Caroline Poviet



- Accommodation in apartments
- Coffee bar
- Hot & cold dishes
- Boat Rental

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Merete Rein  
Glasblåseri &  
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T: 472 46 240  
www.reinglass.no



Marianne Bakeri  
& kafé på Aurlands-  
vangen

Oppe alle dagar frå  
kl. 10.00.

T: 948 12 351  
Vi er på Facebook



Gardsbutikken  
på Sogn Jord- og  
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Oppe: Mån-tors:  
11.00-16.00  
Fred.: 11.00-18.00  
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sjh.no



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Skjerdal

#vangsgaarden



- Restaurant
- Cabins
- Hotelroom
- 7 km from Flåm

Foto: Jørgen Selvig, Dagmar



Tel. +47 57 63 35 80 | Fax +47 57 63 35 95 | 5745 Aurland  
E-mail: vangsgas@online.no | www.vangsgaarden.no | facebook.com/Vangsgaarden

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Foto: Visit Flåm / M. Bakke, J. Aasen, S. Karlson

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## FLÅM

### Fretheim Hotel

With our history as a source for inspiration, Fretheim Hotel can offer close encounters with the best of the sognefjord culture, local tastes and spectacular views towards the fjord and mountains, as well as interior taking you back in time.

Welcome to Fretheim Hotel.



© Visit Flåm/K. Lange, S. Karlson, H.M. Valderhaug



*Fretheim Hotel*

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41 rooms with balcony  
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Svggum Design | Foto: Thor Brodreskift



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Stalheim Hotel is a family run hotel in a unique location on top of the famous Stalheimskleiva.

The view from the hotel towards the Jordalsnuten peak and the Nærøydalen valley, on Unesco's World Heritage List, has since the start of tourism made Stalheim into one of the major attractions of tour of Western Norway.

Fine collection of antiques exhibited in the hotel lounges. The hotel is an ideal base for both long and short trips to the fjords and mountains of Western Norway.

The extensive and fascinating Stalheim Folk Museum is located next to the hotel.

N-5715 Stalheim  
tel: 56 52 01 22  
www.stalheim.com



DE HISTORISKE



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## CAFE Rallaren

Cafe Rallaren AS is situated at Myrdal, the end station of the famous Flåmsbana 867 meters above sea level



Cafe Rallaren can offer hot and cold dishes. Our speciality is homemade carrot cake and «svele» with jam and sour cream. Refreshments, beer and wine. To order: lunch and dinner boxes

Cafe Rallaren has a souvenir shop, and we also offer luggage storage.

If you want to experience the magnificent nature of Norway, We can offer you bike rental at Cafe Rallaren. The bike rental is with helmet.

caferallaren.no | Email: info@caferallaren.no  
Phone: 57 63 37 56 | Mob: 970 89 052



Experience food the traditional way in historic surroundings. The Otternes meals are prepared from the best local organic produce.

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830 m.a.s.l.  
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**Maristuen Fjellferie AS** | N-6888 Borgund  
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LÆRDAL FERIE- OG  
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**Lærdal Ferie- og Fritidspark**  
Grandavegen 5, 6887 Lærdal

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[info@laerdalferiepark.com](mailto:info@laerdalferiepark.com)  
[www.laerdalferiepark.com](http://www.laerdalferiepark.com)



- The Fjords -  
**Lindstrøm Hotel**  
ETABLERT 1845



### At the heart of Fjord Norway

Lindstrøm Hotel in Lærdal wish to welcome you with friendly service and good food. Just as the Lindstrøm-family always has since 1845.

[lindstroemhotel.no](http://lindstroemhotel.no) | Øyraplassen 3, NO-6887 Lærdal  
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## Hotel Grandane



### Hotel Grandane

Welcome to Hotel Grandane! We offer a good and comfortable accommodation at a reasonable price. A pleasant residence, with good service in the center of Lærdal at the end of Sognefjord.

Hotel Grandane N-6887 Lærdal | Phone: 57 66 69 00  
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to the Jotunheimen  
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post@utladalencamping.no | www.utladalencamping.no | utladalencamping



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We have 14 cabins, 2 apartments, and a large area with room for 100 camping units with electrical power points for all  
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# Welcome to Sogndal and the great shopping senter!



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**60 GREAT SHOPS!**

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Sivgum Design | Photos: Jonny Aaseken, Christian Blom



## HOFSLUND FJORD HOTEL

Sogndal- Sognefjorden



Welcome to a traditional and family run hotel in Sogndal



[www.hofslund-hotel.no](http://www.hofslund-hotel.no)

Hofslund Fjord Hotel | Fjellveggen 37 | N-6856 Sogndal  
 Telephone: (+47) 57 67 76 00 | Fax: (+47) 57 67 76 01 | E-mail: [hofslund@hofslund.no](mailto:hofslund@hofslund.no)

## AMBLE GÅRD



View from Amble Gård

Amble Gard is situated in Kaupanger, in the inner part of the Sognefjord, the heart of "Fjord Norway". 6 detached houses/cottages with high standard for rent. Beautiful view of the Sognefjord. Organic production of hay, apples and apple juice. Free use of boats, free fishing in our private lakes, free use of small cottage by a lake.

AMBLE GÅRD, 6854 Kaupanger  
 Mette Heiberg og Anders Bjærke  
 Tel. +47 40 51 05 89  
[post@amblegaard.no](mailto:post@amblegaard.no) | [www.amblegaard.no](http://www.amblegaard.no)



## Bøyum Camping

It is a camping site beautifully located between Jostedal Glacier and the Fjærlandsfjord - a branch of the Sognefjord.

The camping site contains cabins with kitchen, shower/ toilet, tv and internet. Rooms and dormitory. Serving license and Pizza.

6848 Fjærland | Phone: 57 69 32 52  
[boyumcamping.no](http://boyumcamping.no) | [post@boyumcamping.no](mailto:post@boyumcamping.no)

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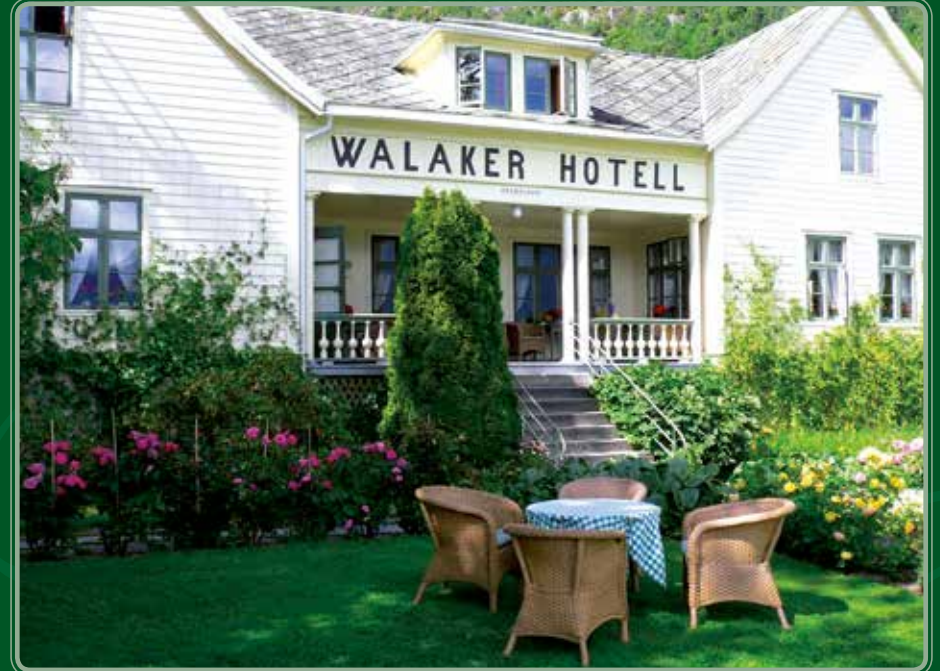
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www.gasta.no

Walaker Hotell is situated on the waterfront, in the small village of Solvorn, offering a splendid view towards the Urnes Stave Church across the fjord. The hotel has a large, beautiful rose garden and 23 guest rooms with historical atmosphere. Good Norwegian cuisine.



### Galleri Walaker 300

Art exhibits in our highly acclaimed gallery.



WALAKER HOTEL

Noregs eldste hotell - anno 1640

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# GAUPNETUNET SANDVIK HOTELL CAMPING

★★★★



- Family hotel with:
- 4 family rooms
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  - 8 single rooms
  - Restaurant & bar
  - Family campsite
  - 16 bungalows
  - 12 basic cabins
  - Pizzeria



We are open all year!

35 kms to Nigardsbreen glacier | 15 kms to Bre & Juv  
300 m to Lustrabadet (Waterworld)



PLUSCAMP

Gaupnetunet Hotell & Sandvik Camping

N-6868 Gaupne | Tel +47-99206110 | post@gaupnetunet.no | www.gaupnetunet.no



Your holiday will be spent in close proximity to a light-green fjord, fascinating glaciers, precipitous mountains and fantastic waterfalls. The area has many hiking trails. A short distance to Urnes Stave church, Jostedalbreen and Sognefjellet. The Norwegian adventure starts here.

*the fjord meets the mountain*



## Holiday homes

We can offer 10 beautiful holiday homes at the waters edge of Sognefjorden. In addition we have 32 apartments standing on poles in the water. Delicate interior and dramatic exterior overlooks Norway's longest fjord.

## Hotel

We have 100 beds and 55 rooms – all equipped with shower, WC, telephone, TV and radio. Furthermore, we have elevator and conference facilities, and direct access to indoor swimming pool and a climbing wall at Fjordstova.

Skjolden Resort Tel. 57 68 23 80 | post@skjolden-resort.com | www.skjolden-resort.com



## TØRVIS HOTELL

After a day in Luster - seeing the glacier, the fjord or the mountain - come relax in our garden or by the fireplace. Spend the evening enjoying exciting tastes in our dining-room. Welcome to Marifjøra!



6873 Marifjøra +47 576 83 500 www.torvis.no post@torvis.no www.facebook.com/torvishotell



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LUSTRABADET

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**EIKUM HOTEL**  
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 Fax +47-57 68 06 01  
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 www.eikum.no

# Welcome to Skjolden

www.skjolden.com

Fjordstova at Skjolden is located idyllically down by the fjord, innermost in Sognefjorden.  
 The tourist information office is also located here  
 – tel. +47-99 23 15 00

## FJORDSTOVA

**Swimming pool**  
 Summer opening hours 26.06-10.08:  
 Daily except Mondays: 15.00 - 18.00  
 Winter opening hours:  
 Tuesdays and Fridays: 18.00 - 21.00  
 Sundays: 16.00 - 19.00

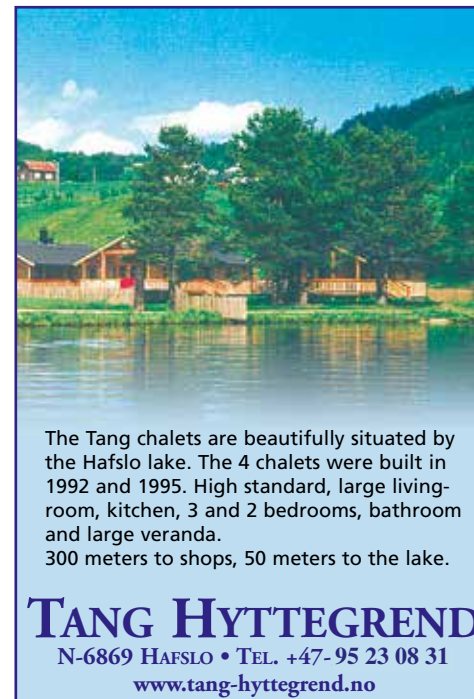
Fjordstova also offers: sale of local handicrafts, climbing wall, library, café, swimming pool and fitness studio. Bicycles and kayaks for rent. Please contact:  
 Arne Hauge / Anders Bolstad  
 Tel. (+47) 97 65 51 47 / (+47) 92 61 21 13



## TURTAGRØ HOTEL - ONE SHOULD LIVE A LITTLE

Turtagrø is the place where you can find extreme mountains, or simply find yourself only laying in the grass. With us you are always welcome, no matter how you choose to sleep and enjoy the stay.

For more information and reservations, see [turtagrø.no](http://turtagrø.no) or call us at +47576 80 800



The Tang chalets are beautifully situated by the Hafslø lake. The 4 chalets were built in 1992 and 1995. High standard, large living-room, kitchen, 3 and 2 bedrooms, bathroom and large veranda.  
 300 meters to shops, 50 meters to the lake.

## TANG HYTTEGREND

N-6869 HAFSLØ • TEL. +47- 95 23 08 31  
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[lyngmo@lyngmoinfo.com](mailto:lyngmo@lyngmoinfo.com)  
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Gløtten Hytter (timber chalets) is situated in beautiful scenery in sunny Hafslo by the Hafslovatnet lake. Good trout fishing, private boat and swimming area - free use of rowing boats. Ideal starting point for mountains, glaciers, fjords, stave churches etc. Short distance to grocery shop. [www.glottenhytter.no](http://www.glottenhytter.no)

### GLØTTEN HYTTER HAFSLO

Nistevegen. 6869 Hafslo | Phone: 40 41 16 70  
Booking: [post@glottenhytter.no](mailto:post@glottenhytter.no)



Four nice cottages in «rorbu» style, right by the fjord at Marifjøra. Fine view over the fjord to Gaupne and out towards the mountains and the Feigumfossen waterfall. Sit on the terrace and enjoy the view, go fishing in the fjord (rowboat with outboard can be hired and fishing equipment borrowed) or take a car tour through the beautiful scenery.

Each cottage has sitting room with kitchen area, one twin bedroom, and tiled bathroom with shower, WC and under-floor heating on the ground floor. One bedroom with double bed upstairs. Parabol TV, wireless internet, radio, fridge with freezer, coffee-machine, In allroom, washing machine, drying machine and iron/ironing board. Each cottage has garden furniture and barbecue. Shopping center: 3 km. Parking by the cottages.

## Marifjøra Sjøbuer

N-6873 Marifjøra  
Tlf. 57 68 74 05 / 48 14 43 09  
E-mail: [post@rorbu.net](mailto:post@rorbu.net) • [www.rorbu.net](http://www.rorbu.net)



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Welcome to an active vacation on glaciers, lakes and mountains in beautiful and peaceful surroundings in the two surrounding National Parks.

3 km to Breheimsenteret, the starting point for guided walks on Nigardsbreen and Styggevatnet.

Glacier trips | Hikes | Kayaking | Rafting from the campsite



- 12 cabins
- 40 electrical outlets for tents, campers and caravans
- Sanitary dump station
- Modern sanitary facilities, kitchen, lounge and laundry facilities
- Free WiFi

[www.jostedalcamping.no](http://www.jostedalcamping.no)  
[post@jostedalcamping.no](mailto:post@jostedalcamping.no) | tel +47-97756789

## Nigardsbreen Camping



Close to the glacier  
9 two-room cabins  
Shop

N-6871 Jostedal  
Tel. (+47) 57 68 31 35

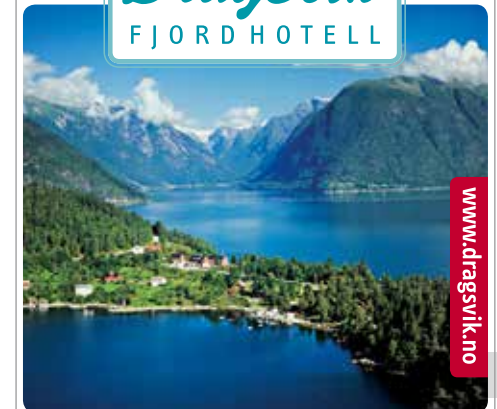


## Sognefjord Hotel

Sognefjord Hotel is pleasantly located on a peninsular stretching out into Sognefjorden, the longest and deepest fjord in Northern Europe. Norwegians call it the "King of the Fjords". For those wishing a "mountain and fjord" vacation, Sognefjord Hotel is ideally situated for day trips to some of the most beautiful scenery in Norway. Sognefjord Hotel is a modern hotel with comfortable rooms, a large dining room and a large outdoor area.

Sognefjord Hotell as • Sognefjordvegen 20 • 6863  
Leikanger • Tlf: 5765 1100 • Faks 5765 1101  
[www.sognefjordhotel.no](http://www.sognefjordhotel.no) • [hotel@sognefjordhotel.no](mailto:hotel@sognefjordhotel.no)

## Dragsvik Fjordhotell



### Dragsvik Fjordhotell

Dragsvik 4-6, N-6899 Balestrand  
Booking: +47 57 69 44 00 | [mail@dragsvik.no](mailto:mail@dragsvik.no)



## Balestrand Hotell

*Quiet family-run hotel*

- 30 rooms, all with shower/WC
- 15 with balcony and fjord view
- Ideal base for excursions

www.gasta.no

Balestrand Hotell • PO.Box.4 • N-6898 Balestrand  
Tlf: +47 57 69 11 38 E-mail: info@balestrand.com  
www.balestrand.com

## Midtnes Hotel

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Visit our website: [www.midtnes.no](http://www.midtnes.no)

www.gasta.no

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E-post: booking@midtnes.no

## You deserve it!

Enjoy a few wonderful days by the Sognefjord. Kviknes Hotel in Balestrand is one of the most distinctive hotels in Norway. An atmosphere of cultural heritage, an international cuisine and a well stocked wine cellar will give your senses memories for life. Not far away you will find Fjaerland, the Norwegian Glacier Museum, the Flåm Railway, the Narøyfjord and Urnes Stave Church, which draw visitors from all over the world.

Hotel reflected in the Sognefjord    The atmosphere is included    International kitchen

**KVIKNES HOTEL**

The hotel offers a variety of room categories in the modern and historic part.

For more information: + 47 57 69 42 00 or [www.kviknes.no](http://www.kviknes.no)

## All you need to know about the FJORD

plankton - sealife - environment - fishing - history - landscapes - fjordactivities

**SOGNEFJORD AQUARIUM**

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## Centrally located in the heart of the Sognefjord district, surrounded by fantastic scenery!

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[www.sognefjord-gjestehus.no](http://www.sognefjord-gjestehus.no)

## Gamalost - Cheese of the Viking Age

A centuries old cultural treasure, rooted back to the age of the Vikings, is produced by TINE Meieriet Vik on the banks of Norway's largest fjord. The dairy in Vik has its own cheese bar, offering a diverse selection of cheese and drink\*.

\*The cheese bar is fully licensed.



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accommodation right in the center of Vik. We offer Single- og Double room and bathroom with shower. Free internet WiFi.

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booking@blixhotell.no | [blixhotell.no](http://blixhotell.no)



## LAVIK Fjord Hotell

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An excellent starting point for day-trips!



Tlf. +47 57 71 40 40 - [www.lavikfjordhotell.no](http://www.lavikfjordhotell.no)

Welcome to

## Øren Hotel

Øren Hotel is located by the Sognefjord. We value good service and comfort for both tourists and business travellers. 25 rooms, 35 beds. All rooms include shower/wc, TV and free wireless Internet. Some rooms with balcony. Food and drinks is served in the restaurant, bar and pub. Welcome!

Elvegata 14, 6993 Høyanger | Tlf: 57 70 76 00 | Fax: 57 70 76 01 | [post@orenhotel.no](mailto:post@orenhotel.no) | [www.orenhotel.com](http://www.orenhotel.com)



## Where to eat & drink

Hotels not in this list may serve buffets in the evening. Some of the restaurants are only open in the summer season, please contact the tourist information offices or see [www.sognefjord.no](http://www.sognefjord.no) for more information.

### Restaurants

Aurland Fjordhotell	Aurland	57 63 35 05	<a href="http://www.aurland-fjordhotel.com">www.aurland-fjordhotel.com</a>
Vangsgaarden Gjestgiveri	Aurland	57 63 35 80	<a href="http://www.vangsgaarden.no">www.vangsgaarden.no</a>
Kviknes Hotel og Balholm Bistro	Balestrand	57 69 42 00	<a href="http://www.kviknes.no">www.kviknes.no</a>
Ciderhuset	Balestrand	90 83 56 73	<a href="http://www.ciderhuset.no">www.ciderhuset.no</a>
Pilgrim restaurant	Balestrand	91 56 28 42	<a href="http://www.detgylnehus.no">www.detgylnehus.no</a>
Borgund Stavkyrkje og Besøkscenter	Borgund	57 66 81 09	<a href="http://www.fortidsminneforeningen.no">www.fortidsminneforeningen.no</a>
Fjærland Fjordstue Hotell	Fjærland	57 67 57 57	<a href="http://www.fjaerlandhotell.no">www.fjaerlandhotell.no</a>
Brævasshytta	Fjærland	57 69 32 96	<a href="http://www.facebook.com/brevasshytta">www.facebook.com/brevasshytta</a>
Fretheim Hotell	Flåm	57 63 63 00	<a href="http://www.fretheimhotel.no">www.fretheimhotel.no</a>
Ægir Bryggeri & Pub	Flåm	57 63 20 50	<a href="http://www.flamsbrygga.no">www.flamsbrygga.no</a>
Heimly Pensjonat	Flåm	57 63 23 00	<a href="http://www.visitflam.com">www.visitflam.com</a>
Flåmsbrygga Hotell	Flåm	57 63 20 50	<a href="http://www.flamsbrygga.no">www.flamsbrygga.no</a>
Flåmstova Restaurant	Flåm	57 63 20 50	<a href="http://www.flamsbrygga.no">www.flamsbrygga.no</a>
Turtagrø Hotel	Fortun	57 68 08 00	<a href="http://www.turtagro.no">www.turtagro.no</a>
Gaupnetunet	Gaupne	99 20 61 10	<a href="http://www.gaupnetunet.no">www.gaupnetunet.no</a>
Gudvangen Fjordtelt	Gudvangen	48 07 55 55	<a href="http://www.gudvangen.com">www.gudvangen.com</a>
Eikum Hotel	Hafslo	57 68 06 00	<a href="http://www.eikum.no">www.eikum.no</a>
Øren hotel	Høyanger	57 70 76 00	<a href="http://www.orenhotel.no">www.orenhotel.no</a>
Jostedal Hotell	Jostedal	57 68 31 19	<a href="http://www.jostedalhotel.noCompagniet">www.jostedalhotel.noCompagniet</a>
Lavik Fjord Hotell	Lavik	57 71 40 40	<a href="http://www.lavikfjordhotell.no">www.lavikfjordhotell.no</a>
Lærdal Hotell	Lærdal	57 66 77 00	<a href="http://www.lerdalhotel.no">www.lerdalhotel.no</a>
Lindstrøm Hotell	Lærdal	57 66 69 00	<a href="http://www.lindstroemhotel.no">www.lindstroemhotel.no</a>
Lærdal Ferie- og Fritidspark	Lærdal	57 66 66 95	<a href="http://www.laerdalferiepark.com">www.laerdalferiepark.com</a>
Tørvis hotel	Marifjøra	57 68 35 00	<a href="http://www.torvis.no">www.torvis.no</a>
Café Rallaren	Myrdal	57 63 37 56	<a href="http://www.caferallaren.no">www.caferallaren.no</a>
Bryggehuset	Skjolden	57 20 30 30	<a href="http://www.skjolden-brygge.no">www.skjolden-brygge.no</a>
Compagniet Restaurant	Sogndal	57 62 77 00	<a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a>
Dr. Hagen Café og Bar	Sogndal	57 62 77 00	<a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a>
La Pergola	Sogndal	57 62 77 00	<a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a>
Kafé Timber Vesterland	Kaupanger	57 62 71 00	<a href="http://www.vesterland.no">www.vesterland.no</a>
Walaker Hotell Gjestgivergården	Solvorn	57 68 20 80	<a href="http://www.walaker.com">www.walaker.com</a>
Stalheim Hotel	Stalheim	56 52 01 22	<a href="http://www.stalheim.com">www.stalheim.com</a>
Undredal Fjord Kafé	Undredal	57 63 31 00	<a href="http://www.visitundredal.no">www.visitundredal.no</a>
Sognefjord Gjestehotell	Vangsnes	57 69 67 22	<a href="http://www.sognefjordgjestehotell.no">www.sognefjordgjestehotell.no</a>
Østerbø Fjellstove	Østerbø	57 63 11 77	<a href="http://www.aurlandsdalen.com">www.aurlandsdalen.com</a>
Østerbø Turisthytte	Østerbø	57 63 11 41	<a href="mailto:ingeos@online.no">ingeos@online.no</a>
Strondi Restaurant & Pub	Årdal	57 66 58 00	<a href="http://www.klingenberghotel.no">www.klingenberghotel.no</a>
Klingenberg Hotel	Årdal	57 66 58 00	<a href="http://www.klingenberghotel.no">www.klingenberghotel.no</a>



Quality Hotel Sogndal      Local food - ©Fjord Safari      Fish from Sognefjorden, Walaker Hotell

## Café / Snack bars

Skjerdal Stolsysteri og Kafé	Aurland	94 82 94 31	www.sakte.no
Cafe Fløyfisken, Sognefjord Akvarium	Balestrand	57 69 13 03	www.kringsja.no
Borgund Hyttesenter & Camping	Borgund	90 62 08 59	www.hyttesenter.com
Postaabneriet Pub & Kafé	Borgund	57 66 64 78	www.buiborgund.no
Borgund Hyttesenter og Camping	Borgund	90 62 08 59	www.hyttesenter.com
Kaffistova	Fjærland	57 69 22 10	www.bokbyen.no
Bøyum Camping	Fjærland	57 69 32 52	www.boyumcamping.no
Bakkastova	Flåm	99 10 81 63	www.visitflam.com
Flåm Marina & Apartments	Flåm	57 63 35 55	www.facebook.com flammarina
Furukroa Kafé	Flåm	57 63 20 50	www.flamsbrygga.no
Green Norway	Flåm	45 56 22 02/03	www.green-norway.com
Lady cafe, Fretheim Hotel	Flåm	57 63 63 00	www.fretheimhotel.no
Lobbybar, Fretheim Hotel	Flåm	57 63 63 00	www.fretheimhotel.no
Toget Kafé	Flåm	57 63 63 00	www.visitflam.com
Nordstedsater Turisthytte	Fortun	95 07 63 82	www.nordstedsater.no
Pluscamp Sandvik	Gaupne	57 68 11 53	www.sandvikcamping.com
Knaken Kafé	Kaupanger	48 00 48 17	www.knaken.no
Sogn Folkemuseum	Kaupanger	57 67 82 06	www.dhs.museum.no
Fjordkroa	Leikanger	57 65 34 11	
Breheimsenteret	Jostedal	57 68 32 50	www.jostedal.com
Lustrabui (Bakeri)	Luster	57 68 14 00	www.lustrabui.no
Laksen Cafe	Lærdal	99 20 23 02	www.norsk-villakssenter.no
Lærdal Ferie- og Fritidspark	Lærdal	57 66 66 95	www.laerdalferiepark.com
Kafé Marifjøra	Marifjøra	57 68 35 00	www.torvis.no
Ornes Gard og hjortefarm	Ornes	91 53 27 84	www.urnes.no
Fjordstova	Skjolden	57 68 67 44	www.skjolden.com/fjordstova
Vassbakken Kro og Camping	Skjolden	57 68 61 88	www.vassbakken.com
Eide Gard	Skjolden	95 10 96 43	www.eidebesoksgard.no
Café Sogningen	Sogndal	57 62 99 90	www.qualityhotelsogndal.no
Caffé Prego	Sogndal	57 62 77 31	www.qualityhotelsogndal.no
Dolly Dimple Pizza, Sogningen	Sogndal	04440	www.sogningen.no
Konditoriet	Sogndal	57 67 69 50	www.sogningen.no
Pizzabakeren	Sogndal	57 67 86 00	www.pizzabakeren.no
Nesøyane gjestegard vaffelcafé	Veitastrand	57 68 78 19	www.nesoyane.com
Café "Hos Naboen"	Vik i Sogn	46 89 91 66	www.hosnaboen.biz
TINE Meieriet Vik Ostebar	Vik i Sogn	57 67 79 00	
Vik Bil (Best)	Vik i Sogn	57 69 84 00	www.vikbil.no

# Practical information

## Fitness centre / spa

BesteBakken	Hafslo	90 16 84 49	www.bestebakken.no
Yt Xtra	Hafslo	57 68 46 00	www.yxhafslo.no
Fjordstova	Skjolden	57 68 67 44	www.skjolden.com/fjordstova
Vesterland Feriepark	Kaupanger	57 62 71 00	www.vesterland.no
Fortun Treningssenter	Fortun	91 53 27 90	www.fortunsdalen.no
Motorikpark™ Lærdal	Lærdal	96 22 51 11	www.motorikpark-laerdal.no

## Swimming pool / sauna / Indoor play park

Fjordstova	Skjolden	57 68 67 44	www.skjolden.com/fjordstova
Vesterland Feriepark	Kaupanger	57 62 71 00	www.vesterland.no
Lustrabadet	Gaupne	57 68 56 80	www.lustrabadet.no
Solvang Camping Hytter & Motell	Vangsnes	57 69 66 20	www.solvangcamping.com
Høyangerbadet	Høyanger	57 71 27 00	www.hoyangerbadet.no
Friluftsbadet i Årdal	Årdal	57 66 53 71	www.sognefjord.no

## Beachvolleyball

Lyngmo Gjestehus & Camping	Hafslo
Bøyum Camping	Fjærland
Jostedal Hotell	Jostedal
Leikanger Ungdomskule	Leikanger
Grandane	Lærdal
Skjolden	Skjolden
Fosshaugane Campus	Sogndal
Vik idrettspark	Vik
Høyanger	Høyanger

## Emptying facilities for camper vans

Djuvik Camping	Vangsnes
Vik Bil (Best)	Vik
Sjøtun Camping	Balestrand
Vassbakken Kro og Camping	Skjolden
Lærdal Ferie- og Fritidspark	Lærdal
Systrond motell	Leikanger
Viki Fjordcamping	Luster
Bøyum Camping	Fjærland
Utladalen Camping	Årdal

## Fuel filling from the quay

Balestrand Marina	Balestrand
Slindesenteret	Slinde/Sogndal
Gjestehavn (Guest harbours & marinas)	Balestrand, Vik and Flåm
Ornes Båtbyggeri	Ornes



Lustrabadet



## Transportation

Vegmelding	175 / 81 54 89 91	www.vegvesen.no
Ruteopplysning	177 eller 57 65 95 12	www.ruteinfo.net

### Bus companies

Nettbuss	57 67 66 00	www.nettbuss.no
Nor-way Bussekspress		www.nor-way.no

### Airlines

Widerøe	81 00 12 00 (plassbestilling)	www.wideroe.no
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### Car ferries / Passenger boats

Norled	51 86 87 00	www.norled.no
Ferje Solvorn-Urnes-Solvorn	91 79 42 11	www.lustrabaatane.no
Fjord1 Fylkesbaatane	55 90 70 70 (plassbestilling)	www.fjord1.no
Nigardsbreen brebåt	57 68 32 50	www.brevegen.no
Fjærlandsfjorden		www.visitflam.com

### Taxi

Aurland	90 13 08 08	www.aurlandtaxi.no
Balestrand	95 95 61 13	
Sogndal	57 67 10 00	www.sogndaltaxi.no
Fjærland	90 92 65 82	www.fjaerland.org
Gaupne / Luster	57 68 16 20	
Flåm	90 13 08 08	
Høyanger	907 22 100	www.hoyangertaxi.no
Leikanger	57 65 31 23	
Vik i Sogn	95 95 61 27	io.no/taxi/vik
Årdal	47 66 44 44	
Solheim Taxi (Lærdal)	41 51 01 00	www.i-laerdal.no

### Car rental

Europcar/Toyota Sogn	Kaupanger/Sogndal flyplass	57 67 66 70	www.europcar.no
Hertz/Toyota Sogn	Kaupanger/Sogndal flyplass	57 67 99 70	www.hertz.no
Sogndal Bilpleie	Sogndal	90 55 65 57	www.sogndal-bilpleie.no
Kviknes Hotel	Balestrand	57 69 42 00	www.kvikneshotel.no
Balholm bilutleie	Balestrand	41 24 82 53	www.rentacarbalholm.com
Flåm bilutleie	Flåm	93 08 56 45	post@flambilleie.no
West – maskin	Lærdal	57 66 93 05	www.west-maskin.no

### Rescue service

NAF Redningsteneste		08505	www.naf.no
Viking Redningsteneste		06000	www.vikingredning.no
West – maskin/Falck	Lærdal	02222	www.west-maskin.no

## Useful phone numbers

### Veterinarian

Dyreklinikken	Sogndal	57 67 55 55
Vaktttelefon	Leik/Sogndal/Luster	97 58 86 29
Veterinær	Vik	57 69 53 03
Veterinærvakta	Lærdal	88 00 63 66

### Dentist

Tannlege Hallgeir Aardalen	Aurland	57 63 34 02
Balestrand Tannklinikk	Balestrand	57 69 12 61
Gaupne tannklinikk	Gaupne	57 65 63 90
Tannlege Kjell Olav Ugulen	Gaupne	57 68 13 27

Tannlegevakta	Lærdal	57 64 13 50
Tannlege Lærdal tannhelse	Lærdal	57 66 66 59
Sogndal Tannklinikk	Sogndal	57 62 71 80
Tannhelsetenesta	Vik	57 69 52 00
Sogn Tannhelsesenter	Sogndal	57 67 77 87
Tannlege Kjell Bøthun	Sogndal	57 67 19 50
Tannlege Jan Kristoffersen	Sogndal	57 67 18 22
Åsta Ellinor Vaim	Lavik	57 71 17 26
Harald Rørvik	Høyanger	57 71 45 33
Ingvild Osland Boge	Høyanger	57 71 45 35
Tannlege	Årdal	57 66 30 44

### Doctor

Aurland Legekantor	Aurland	57 63 20 00
Balestrand legekantor	Balestrand	57 65 13 00
Leikanger legeteneste	Leikanger	57 65 56 66
Luster legesenter	Gaupne	57 68 56 00
Lærdal legevakt	Lærdal	57 66 95 11
Sogndal Legesenter	Sogndal	57 62 97 00
Vik legekantor	Vik	57 69 87 00
Høyanger legekantor	Høyanger	57 71 44 80
Øvre Årdal legekantor	Øvre Årdal	57 66 53 90
Legekantor Årdalstangen	Årdalstangen	57 66 52 90

### Weather

yr.no

storm.no

### Tour information

ut.no

## Emergency number

Fire: 110

Police: 112

Ambulance: 113

Country code for Norway : +47.

We are not to be held responsible for mistakes or changes in the given information.

**Aurland taxi**  
90 13 08 08

taxi from  
1 - 16 persons

**(+ 47) 90 13 08 08**

**Take a taxi !!**  
www.aurlandtaxi.no

**Jostedal**  
NORWAY

**Nigardsbreen glacier walks**  
www.bfi.no  
**Glacier lake kayaking**  
www.icetroll.com  
**Whitewater rafting**  
www.icetroll.com  
**Mountains and glaciers**  
www.norgesguidene.no  
**Winter activities**  
www.fimbuljostedal.no  
**Breheimsenteret**  
www.jostedal.com  
**Jostedal Hotel**  
www.jostedalhotel.no  
**Jostedal Camping**  
www.jostedalcamping.no  
**Nigardsbreen Camping**  
tek +47 57 68 31 35  
**Road and boat to the glacier**  
www.brevegen.no

**Information/booking:**  
Breheimsenteret, 6871 Jostedal  
+47 57 68 32 50 • jostedal@jostedal.com  
www.jostedal.com

• connection from Balestrand, Vik, Flåm, Årdal, Lærdal  
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**Jostedal**  
NORWAY

nettbus

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# tindevegen.no

- knutepunktet mellom Sogn og Nasjonalparkriket

*Tindevegen – the great road connection between Sogn and the National Park  
The Tindevegen road is the tourist route between Årdal and Turtagrø. It is located between Norway's spectacular fjords and the mountains in Jotunheimen National Park. From Tindevegen you will have the magnificent views of Norway's highest peaks and the mountains of Breheimen National Park. Tindevegen is known as «the Short cut through Jotunheimen». Season: May-November.  
Read more at **www.tindevegen.no***

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## Welcome to Vesterland

- Cabins
- Hotel
- Camping
- Restaurant
- Swimmingpool
- Kids pool
- Indoor playland
- Indoor RC race track
- Bike rental
- Gym
- Squash courts

[www.vesterland.no](http://www.vesterland.no)

Vesterland leikeland



# Vesterland Feriepark

(+47) 57 62 71 00 • [adm@vesterland.no](mailto:adm@vesterland.no)



## Glacier Guiding & Body Rafting



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● Body Rafting

Leirdalen  
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www.breogjuv.no

**BOOKING: (+47) 47 02 78 78**